

FOR SENIORS IN LĪGATNE REHABILITATION CENTRE



Program content:

Rehabilitologist physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Physiotherapist initial consultation and rehabilitation plan specification (30 min.)

Therapeutic exercises in a group (30 min.) 4x / 7x

Neck or sacrum or foot/shin or palm/forearm massages 4x / 8x

Baths for hands or feet or foam bath 2x / 6x

Haloteraphy (salt room) 3x / 5x

Herbal tea from Ligatne or or fresh juice 3x / 6x

Accommodation in a authentic two bedroom quadruple room with breakfast

Lunch and dinner

Offer price:

5 days: 420.50 € **357.43** **10 days:** 798.00 € **678.30**

Offer valid from **01.06.2025.-31.07.2025.**

Apply for the program: +371 64161917, +371 26431450

Special offers: <https://rehcentrsligatne.lv/en/akcijas/>

Medical Institution Code: 4212-00001

TRIP DATES

TRIP DISTANCE

1 km

PRICE: **357.43 EUR** / 420.5 EUR
