

## FLAVOURS AND STORIES OF CĒSIS - DAY WITH LOCALS



A guided walking tour in Cēsis, visits to local businesses, bread tasting, a shared, home-cooked grilled, lunch in a local garden!

## Cēsis Inside new offer

## FLAVOURS AND STORIES OF CĒSIS

## A DAY WITH LOCALS



If you would like to offer your clients an experience in Latvia that goes beyond a standard sightseeing tour and feels like a real meeting with a place and its people, we invite you to a special food-focused experience in Cēsis. Here, the city's stories come together with local everyday life, flavours, conversations, and a shared meal in a garden. It is an unhurried, warm day that stays with guests long after the trip.

**What will guests experience?**

An informative walk through Cēsis with a local guide

The day begins with a walk through the historic centre of Cēsis. Through stories of houses, streets, and people, guests discover the city's history, character, and daily rhythm, as well as the small details that make Cēsis special.

Visits to local businesses and a "Cēsu Maize" tasting. Guests will meet local small business owners, learn about their work and stories, and enjoy a tasting of traditional Cēsis bread.

**A grilled lunch experience in a local garden**

At the end of the day, we visit a local family's garden, where guests cook a grilled lunch together with chef Mārtiņš, using seasonal, locally sourced ingredients. During the cooking process, the chef shares his experience and talks about what Latvians usually cook and eat in everyday life.



This experience is especially suited for guests who appreciate:

- authentic encounters and local stories
- food, tastings, and a "slow travel" atmosphere
- small groups and high-quality experiences

**Practical information:**

**Duration:** 4–5 hours

**Walking distance:** approx. 3–4 km

**Group size:** up to 10 people

**Price:** EUR 125 per person

**The price includes:**

- a guided walking tour in Cēsis
- visits to local businesses
- bread tasting
- a shared, home-cooked grilled lunch in a local garden
- all taxes

**Season:** 5 May – 15 September

**Booking:** at least 15 days in advance (for groups of 6–10 guests)

To reserve a date or ask any questions, please feel free to contact us.

[cesisinside@gmail.com](mailto:cesisinside@gmail.com)

or Sigitā 29109965

[www.cesisinside.lv](http://www.cesisinside.lv)

Book in advance: [cesisinside@gmail.com](mailto:cesisinside@gmail.com); +371 29109965; [www.cesisinside.lv](http://www.cesisinside.lv)

**TRIP DATES****TRIP DISTANCE**

1 km

---

PRICE: **125 EUR**

---