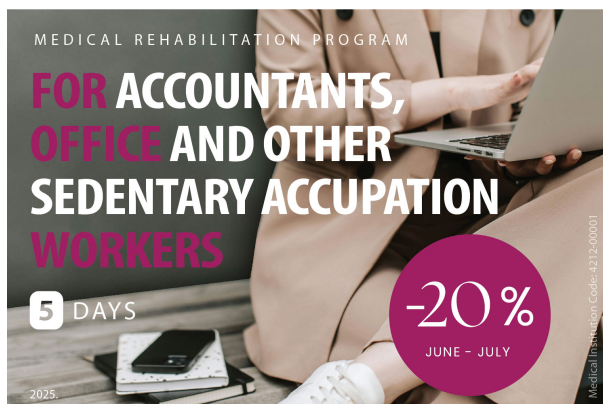


FOR ACCOUNTANTS, OFFICE AND OTHER SEDENTARY OCCUPATION WORKERS IN LĪGATNE REHABILITATION CENTRE



Program content:

Rehabilitator physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Initial physiotherapist consultation and rehabilitation plan specification (30 min.)

Therapeutic exercises in group (30 min.) 3x

Nordic Walking or kinesiology taping

Neck or sacrum massage (20 min.) 2x

Underwater massage (20 min.) 2x

Mud applications (2 fields) 3x

Halotherapy (salt room) 3x

Accommodation in a standart double bedroom room with breakfast

Lunch and dinner

Offer price:

5 days: 470.50€ 376.40

Offer valid from **01.06.2025.-31.07.2025.**

Apply for the program: +371 64161917, +371 26431450

Special offers: <https://rehcentrsligatne.lv/en/akcijas/>

Medical Institution Code: 4212-00001

TRIP DATES

TRIP DISTANCE

1 km

PRICE: **376.4 EUR** / 470.5 EUR
