

## FOR SENIORS IN LĪGATNE REHABILITATION CENTRE



### Program content:

Rehabilitologist physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Physiotherapist initial consultation and rehabilitation plan specification (30 min.)

Therapeutic exercises in a group (30 min.) 4x / 7x

Neck or sacrum or foot/shin or palm/forearm massages 4x / 8x

Baths for hands or feet or foam bath 2x / 6x

Haloteraphy (salt room) 3x / 5x

Herbal tea from Ligatne or fresh juice 3x / 6x

Accommodation in a authentic two bedroom quadruple room with breakfast

Lunch and dinner

### Offer price:

**5 days:** 420.50 € **357.43**      **10 days:** 798.00 € **678.30**

Offer valid from **01.06.2025.-31.07.2025.**

**Apply for the program:** +371 64161917, +371 26431450

**Special offers:** <https://rehcentrsligatne.lv/en/akcijas/>

Medical Institution Code: 4212-00001

TRIP DATES

TRIP DISTANCE

1 km

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PRICE: **357.43 EUR** / 420.5 EUR

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