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Special offer "For drivers" in Rehabilitation centre Līgatne

## **Program content:**

Rehabilitator physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Initial physiotherapist consultation and rehabilitation plan specification (30 min.)

SPECIAL OFFER "FOR DRIVERS" IN REHABILITATION CENTRE LĪGATNE

Therapeutic exercises in a group (30 min.) 3x

Dosed load on an exercise bike or kinesiology taping or Nordic Walking 2x

Physical therapy procedures 3x

Mud applications (2 spots) 3x

Salt bath 3x

Neck or sacrum massages 3x

Haloteraphy (salt room) 5x

Accommodation in a authentic two bedroom quadruple room with breakfast

Lunch and dinner

**Offer price:** 

6 days: <del>506.00 €</del> 430.10

Offer valid from **01.08.2025.-30.09.2025.** 

**Apply for the program:** +371 64161917, +371 26431450

Medical Institution Code: 4212-00001

TRIP DATES

TRIP DISTANCE

1 km

PRICE: 430.1 EUR / 506 EUR