

ARRIVING AND TRAVELLING

Distances between the cities (km)

The railway line Rīga – Valka/Valga goes through the Gauja NP ensuring a convenient and regular opportunity to travel between Rīga, Sigulda, Cēsis and Valmiera throughout the whole day. There are special bicycle racks on the trains for transporting bicycles. All of the territory of the Gauja NP can be easily reached by buses which run from Rīga to Sigulda, Cēsis and Valmiera approximately once an hour. Travelling by bus between populated places within the Gauja NP has to be planned in accordance with the bus schedules. The starting point of a picturesque bicycle ride can be the train station. There are countless bicycle routes within the Gauja NP which will allow you to explore the rich nature, history and culture of the region. We suggest you avoid the busy highways A2 and A3 and take backroads and forest roads instead.

Whenever Gauja is ice free, many tourists take the opportunity to go boating in it in inflatable boats, canoes or on rafts. Amata and Brasla are also suitable for boating. Suggested routes in the Gauja River::

Duration River section Route distance Duration River section Route distance 4 days......Valmiera – Murjāņi......101 km The Gauja NP is located between highways A2 and A3 and has a dense network of roads and parking lots. The majority of the tourism objects are easily accessible by car.

HOW TO BEST EXPLORE THE GAUJA NP 1st leg Rīga – Valmiera by train. Alternatives: by bus or by car. 2nd leg Valmiera – Cēsis by bicycle. Alternatives: a two day hike with an overnight stay. In winter: a two day skiing hike. 3rd leg Cēsis – Līgatne (18 km) by boat on the Gauja River. Alternatives: a bicycle ride or a hike. 4th leg Līgatne – Sigulda on horseback along the Gauja River. Alternatives: a bicycle ride or a hike. 5th leg in Sigulda – historical hike "Military expedition to the Livonian order Sigulda castle".

demolished.

Alternatives: an excursion on an electromobile. 6th leg Sigulda – "Rāmkalni" (17 km) by boat on the Gauja River. Alternatives – a bicycle ride or a hike.
 126 I Sigulda tour in Electromobiles
 Sigulda

 Excursions in electromobiles with a guide will let you see the most beautiful
 Ph. 26022919
places of Sigulda in an attractive and environment-friendly way. www.impresso.lv

 127 I Gauja tram
 Valmiera

 The only tram on the Gauja in Latvia offers rides and excursions on the water. The
 Ph. 28685894
tram has offers for both newly-weds and students, as well as an opportunity to organize birthday parties. The Gauja tram is open to visitors in summertime only. GPS: 57.539, 25.4286 The crossing, which is operated by the power of the stream, is a monument of Ph. 28328800, technology history in Latvia and it is also the only Gauja crossing. The crossing was built after World War II during which the bridge across the Gauja was demolished. GPS: 57.2549, 25.0444

 129 I Boat "Kārlis" in Cēsis
 Pond of Cēsis

 Whenever there is god weather and the pond of the Castle Park is not frozen over, the boat "Kārlis" provides a ride to every interested person. During an
 Pond of Cēsis
over, the boat Kartis provides a nide to every interested person, burning at excursion, captains of the boat will tell historical events and stories about the costle and city of Cesis in many languages. GPS: 57.3142, 25.2688 **PLANNING THE EXCURSION**

ulda TIC Ph. 67971335 www.tourism.sigulda.lv GPS: 57.1531, 24.8537 Ausekļa iela 6, Sigulda Ph. 64153169, 29189707 www.visitligatne.lv GPS: 57.2335, 25.0396 Spriņģu iela 2, Līgatne Ph. 64153169. www.visitligatne.lv GPS: 57.1840 25.0355 Augšlīgatne TIC Nītaures iela 5, Augšlīgatne Ph. 28396804, www.amata.lv eriķi TIC Ieriķi, Drabeši Parish, Amata Coun Cēsis TIC Pils laukums 9, Cēsis Ph. 64121815 www.tourism.cesis.lv GPS: 57.3132, 25.2714 Pārgauja TIC "Ezeriņi", Stalbe Parish, Pārgauja Coun Ph. 26620422 www.pargaujasnovads.lv GPS: 57.3757, 25.0391 Ph. 64207177 www.visit.valmiera.lv GPS: 57.5385, 25.4210 Rīgas iela 10, Valmiera auja NP TIC next to h. 26657661 www.gnp.lv Gūtmanala (Gūtmana Cave Turaidas iela 2a, Sigulda Gauja NP TIC at Līgatne nature trails Ph. 26657661 www.gnp.lv Gauja NP TIC next to Zvārtes iezis (Zvārte Rock) Ph. 26657661 www.gnp.lv

LOCAL GOODS FOR GOURMETS

10 Valmiermuiža beer brewery e brewery offers both excursions and beer tastings, sells live beer, bath-house cessories and souvenirs. There is also a little pub where you can enjoy beer ods and organize celebrations. Visitors are welcome to ride a horse or a pony d see the park of Valmiermuiža, or to get acquainted with the surroundings of Imiermuiža on horseback.	Dzirnavu iela 2 Valmiermuiža Ph. 20264269 www.valmiermuiza.lv GPS: 57.5559, 25.4311
11 Zilver house wines e winery offers you to purchase Zilver house wines which have been made after d recipes and from berries and fruit grown and harvested on the spoph. Group stings have to be previously arranged.	"Pīlādži", Sigulda County Ph. 26320208 www.zilver.lv GPS: 57.1322, 24.8530
12 Household farm "Vinkalni" inkalni" is a biological farm and an open-air pizzeria at the same time. Here u can enjoy Italian food in nature, cook pizza on an open fire, purchase grape ues, go on a hike along the Miegupe track with a guide as well as enjoy a special ogramme for the newly-weds.	"Vīnkalni", Kauguri Parish, Beverīna County Ph. 29491187 GPS: 57.4769, 25.4452
3 Krimulda manor wines the winery you will be introduced to the economic activity at the Krimulda anor and the manor's historical centre as well as offered various wines for sting and purchasing.	Mednieku iela 3, Sigulda, Ph. 29111619 www.krimuldaspils.lv GPS: 57.1677, 24.8298
14 Līgatne winery joy wine made from berries and fruit harvested in Līgatne and cheese made Līgatne while sitting in the cellar cave of Lustūža cliff. Please arrange group its prior.	Ph. 26521467 www.spoonfactory.lv GPS: 57.2330, 25.0421

RESTAURANTS

"Dikļu pils" Dikļi, Kocēni County	Ph. 64207480	www.diklupils.lv	GPS: 57.5978, 25.1025
"Aparjods" Ventas iela 1a, Sigulda	Ph. 67972230	www.aparjods.lv	GPS: 57.1414, 24.8446
"Gadalaiki" "Ezeri", Sigulda County	Ph. 67973009	www.hotelezeri.lv	GPS: 57.1319, 24.8542
"Kropotkins" Pils iela 6, Sigulda	Ph. 67972263	www.hotelsigulda.lv	GPS: 57.1555, 24.8524
"Timiāns" "Kalnjāņi", Sigulda County	Ph. 67705271	www.hotelsanta.lv	GPS: 57.1307, 24.8456
" <mark>Kungu Rija</mark> " 1st km of the Turaida–Ragana road, Krimulda County	Ph. 67971473	www.kungurija.lv	GPS: 57.1842, 24.8315
"Eifrata" E. Veidenbauma iela 2, Priekuļi	Ph. 29131069	www.hoteltigra.com	GPS: 57.3123, 25.3596
["] Ungurmuiža" Raiskums Parish, Pārgauja County	Ph. 29426705	www.ungurmuiza.lv	GPS: 57.3625, 25.0887
" Garšas Frekvence" Mālpils iela 4b, Sigulda	Ph. 67974848	www.hotelsegevold.lv	GPS: 57.1436, 24.8571
"Mālpils muižas restorāns" Pils iela 6, Mālpils, Mālpils County	Ph. 27843843	www.malpilsmuiza.lv	GPS: 57.0064, 24.9494
" Bīriņu pils restorāns" Bīriņi, Limbaži County	Ph. 64024033	www.birinupils.lv	GPS: 57.2438, 24.6595
"KANNAS" "Annas muiža", Amata County	Ph. 64180700	www.annashotel.com	GPS: 57.0343, 25.3633
" Rāmkalni" "Vītiņkalni", Inčukalns ´i County	Ph. 29100280	www.ramkalni.lv	GPS: 57.1248, 24.6585
"Kaķis" Pils iela 8, Sigulda	Ph. 29150104	www.cathouse.lv	GPS: 57.1563, 24.8517
"Agnese" Tērbatas iela 16a, Valmiera	Ph. 64207301	www.hotelwolmar.lv	GPS: 57.5435, 25.4307
'Alexis" Vienības laukums 1, Cēsis	Ph. 64120122	www.hotelkolonna.lv	GPS: 57.3140, 25.2746
'Rātes Vārti" Lāčplēša iela 1, Valmiera	Ph. 64281942	www.ratesvarti.lv	GPS: 57.5396, 25.4253
'Parks" Rīgas iela 19, Valmiera	Ph. 26117444	www.restoransparks.lv	GPS: 57.5384, 25.4174
'Fazenda Bazārs'' /idzemes šoseja 14, Sigulda	Ph. 66900669	www.fazenda.lv	GPS: 57.1454, 24.8590
'Jonathan Spa Estate'' Amatciems, Amata County	Ph. 26660020	www.jonathanspahotel. com	GPS: 57.2254, 25.3034
"Bohēma" Raunas iela 12, Cēsis	Ph. 29216831		GPS: 57.3132, 25.2768
ʻ lzsalkušais Jānis" /almieras iela 1, Cēsis	Ph. 26423997		GPS: 57.3151, 25.2758
"Teātra Vīna Studija" _āčplēša iela 4, Valmiera	Ph. 29401499	www.teatravinastudija.lv	GPS: 57.5394, 25.4254

PUBS

"Kaķītis" Senču iela 1, Sigulda	Ph. 67976886	www.kakiskalns.lv	GPS: 57.1431, 24.8291
"Valmiermuižas virtuve" Dzirnavu iela 2, Valmiermuiža	Ph. 29135438	www.valmiermuiza.lv	GPS: 57.5559,25.4311
"Bucefāls" "Ceļmalas", Sigulda County	Ph. 29747000	www.bucefals.lv	GPS: 57.1538, 24.8999
"Mazais Ansis" "Ansīši", Rubene, Kocēni County	Ph. 64230352	www.mazais-ansis.lv	GPS: 57.4649, 25.2559
"Glendeloka" A. Kronvalda iela 2b, Cēsis	Ph. 64161016	www.glendeloka.lv	GPS: 57.3220, 25.2984
"Vilhelmīnes dzirnavas" Spriņģu iela 1, Līgatne	Ph. 27551311	http://vilhelmine.lv	GPS: 57.2337, 25.0402
"Pie Jančuka" Spriņģu iela 4, Līgatne	Ph. 29149596		GPS: 57.2325, 25.0429
Pubi "Sorbas" Kilometre 37 of motor road Rigas-Sigulda	Ph. 28445544	www.sorbas.lv	GPS: 57.1139, 24.6260
Pub and restaurant "Pie Brāļa" "Valteri", Vangaži	Ph. 29414000	www.krogspiebrala.lv	GPS: 57.0898, 24.5575

"Kaķu Māja" Pils iela 8, Sigulda	Ph. 29150104	www.cathouse.lv	GPS: 57.1563, 3
"Ritters" Pils iela 4b, Sigulda	Ph. 67709625	www.hotelpils.lv	GPS: 57.1544, 3
"Kaupo Cafe" "Jaunbeites", Sigulda County	Ph. 29607356	www.hotelkaupo.lv	GPS: 57.1410,
"Reiņa Cafe" "Kalnzaķi", Krimulda County	Ph. 29272255	www.reinatrase.lv	GPS: 57.1796,
"Cafe Popular" Vienības laukums 1, Cēsis	Ph. 64120122	www.hotelkolonna.lv	GPS: 57.3140,
"Bērzi" Plācis, Pārgauja County	Ph. 64132229	www.atputa-berzi.lv	GPS: 57.3625,
" Hesburger" Vidzemes šoseja 4, Sigulda	Ph. 26427752	www.hesburger.lv	GPS: 57.1417,
"Hesburger" Rīgas iela 4, Valmiera (k/k "Valleta")	Ph. 26420417	www.hesburger.lv	GPS: 57.5386,
" Hesburger" Rīgas iela 63, Valmiera	Ph. 20240274	www.hesburger.lv	GPS: 57.5336,
"Milly" Mednieku iela 3, Sigulda	Ph. 67972232	www.krimuldaspils.lv	GPS: 57.1672,
"Eklērs" Pils iela 1, Sigulda	Ph. 29168113		GPS: 57.1537,
"KafēRīga" Rīgas iela 27, Cēsis	Ph. 26334789		GPS: 57.3113,
"Cafe2Locals" Rīgas iela 24a, Cēsis	Ph. 28377783		GPS: 57.3114,
"Pie Raunas vārtiem" Rīgas iela 3, Cēsis	Ph. 64127172		GPS: 57.3127,
"SOLO" J.Poruka iela 21a, Cēsis	Ph. 26670033		GPS: 57.3144,
Rehabilitation centre "Līgatne" "Skaļupes", Līgatne County	Ph. 64161915	www.rehcentrsligatne.lv	GPS: 57.2560,
"Trīs kūkas" "Ramatas", Augšlīgatne	Ph. 29829121		GPS: 57.2338,
"Šķesteri" Straupe, Pārgauja County	Ph. 29409182		GPS: 57.3535,
"Bastions" Bastiona iela 24, Valmiera	Ph. 64225502		GPS: 57.5398,
"Jauna Saule" Rīgas iela 10, Valmiera	Ph. 28688553	www.jaunasaule.lv	GPS: 57.5385,
"Province" Niniera iela 6, Cēsis	Ph. 26407008	www.province.lv	GPS: 57.3160,
"Vendene" Raunas iela 17, Cēsis	Ph. 64161361	www.glendeloka.lv	GPS: 57.3128,
"Ņamma" Vidus iela 1, Sigulda (shopping centre "Elvi")	Ph. 22022386	www.namma.lv	GPS: 57.1531,
"Ņamma" Vidzemes šoseja 16, Sigulda (shopping centre "Raibais suns")	Ph. 25456333	www.namma.lv	GPS: 57.1447,
"Mr. Biskvīts" Ausekļa iela 9, Sigulda	Ph. 67976611	www.mrbiskvits.lv	GPS: 57.1537,
"Mr. Biskvīts" Peldu iela 1, Sigulda	Ph. 67976611	www.mrbiskvits.lv	GPS: 57.1588,
"GUSTAVbeķereja" Ventas iela 1, Sigulda	Ph. 67974452	www.gustavbekereja.lv	GPS: 57.1421,
"GUSTAVbeķereja" Strēlnieku iela 2, Sigulda	Ph. 67304223	www.gustavbekereja.lv	GPS: 57.1430,
"Vinetas un Allas kārumlāde" Rīgas iela 12, Cēsis	Ph. 28375579		GPS: 57.3120,
"Birums" "Sprīdīši", Kocēni County	Ph. 64207523		GPS: 57.5246,
"Gatve" Alejas iela 7, Kocēni	Ph. 64229091		GPS: 57.5210,
"Dzirnakmeņi" "Ieriķu dzirnavas", Ieriķi, Amata County	Ph. 64170089	www.ierikudzirnavas.lv	GPS: 57.2088,
"Melturi " "Sarkanāboli", Drabeši Parish, Amata County	Ph. 64107183		GPS: 57.2261,
"Norass" "Saulītes", Straupe, Pārgauja County	Ph. 20398995		GPS: 57.3514,
"Bazaars" Rīgas iela 25, Cēsis	Ph. 29966890		GPS: 57.3114,
"Restorāniņš Osvalds Pupa" Piebalgas iela 18, Cēsis	Ph. 20393935	www.osvaldspupa.com	GPS: 57.3080,
"Cafe 7 Bar" Rīgas iela 7, Cēsis	Ph. 20208749		GPS: 57.3119,
"Aurora" Rīgas iela 4, Valmiera	Ph. 29114849		GPS: 57.5387,
Autora Rigas leta <u>4. vatmiera</u>			

PIZZERIAS

GPS: 57.2085, 25.1703

GPS: 57.1762, 24.8468

GPS: 57.2484, 25.0154

GPS: 57.2459, 25.1476

FIZZERIAS			
"La Pizza Veloce" Raiņa iela 2, Sigulda	Ph. 27787711	www.atrapica.lv	GPS: 57.1543, 24.8547
"La Pizza Veloce" Rīgas iela 45, Valmiera	Ph. 20009119	www.atrapica.lv	GPS: 57.5362, 25.4072
"ČILi Pica" Strēlnieku iela 1, Sigulda (shopping centre "Šokolāde")	Ph. 67973955	www.e-pica.lv	GPS: 57.1430, 24.8443
"Liepziedi un Rozmarīns" Bruņinieku iela 4, Valmiera	Ph. 29491187	www.vinkalniesi.lv	GPS: 57.5394, 25.4286
"Čili Pica" G. Apiņa iela 10a, Valmiera (shopping centre "Maxima")	Ph. 64228558	www.e-pica.lv	GPS: 57.5426, 25.4171
"Zaļumnieku piestātne" Pils iela 8, Sigulda	Ph. 29150105	www.cathouse.lv	GPS: 57.1572, 24.8508
StudioPizza Rīgas iela 20, Cēsis	Ph. 20606000	www.studiopizza.lv	GPS: 57.3117, 25.2720



el "Dikļu pils"	Ph. 64207480	www.diklupils.lv	GPS: 57.5978, 25.
Kocēni County el "Aparjods"	Ph. 67972230	www.aparjods.lv	GPS: 57.1414, 24
as iela 1a, Sigulda el "Kārļamuiža"	Ph. 26165298	www.karlamuiza.lv	GPS: 57.2406, 25.
amuiža", Kārļi, Amata County Hotel "Ezeri"	Ph. 67973009	www.hotelezeri.lv	GPS: 57.1319, 24
ri", Sigulda County Hotel "Jonathan SPA	Ph. 28681083	www.jonathanspahotel.	GPS: 57.2254, 25
ate" Amatciems, Amata County et "Sigulda" Pils iela 6, Sigulda	Ph. 67972263	com www.hotelsigulda.lv	GPS: 57.1555, 24.
el "Santa " njāņi", Sigulda County	Ph. 67705271	www.hotelsanta.lv	GPS: 57.1307, 24.
el "Bīriņu pils" i, Limbaži County	Ph. 64024033	www.birinupils.lv	GPS: 57.2438, 24.
el "Mālpils muiža" ela 6, Mālpils, Mālpils County	Ph. 26666600	www.malpilsmuiza.lv	GPS: 57.0064, 24.
el "Melturi" turi", Amata County	Ph. 29267224	www.melturi.viss.lv	GPS: 57.2188, 25.
el "Good Stay Segevold" ils iela 4b, Sigulda	Ph. 67974848	www.hotelsegevold.lv	GPS: 57.1436, 24.
el "Naktsmājas" Ivas iela 15, Valmiera	Ph. 64201200	www.naktsmajas.lv	GPS: 57.5274, 25.
el "Wolmar" atas iela 16a, Valmiera	Ph. 64207305	www.wolmar.lv	GPS: 57.5435, 25.
lonna Hotel Cēsis" bas laukums 1, Cēsis	Ph. 64120122	www.hotelkolonna.com	GPS: 57.3140, 25.
el "Kaķītis" Senču iela 1, Sigulda	Ph. 67976886	www.kakiskalns.lv	GPS: 57.1431, 24.
el "Tigra" idenbauma iela 2, Priekuļi	Ph. 29131069	www.hoteltigra.com	GPS: 57.3123, 25
el "Pils" Pils iela 4b, Sigulda	Ph. 67709625	www.hotelpils.lv	GPS: 57.1544, 24
el "Katrīna" i Katrīnas iela 8, Cēsis	Ph. 20008870	www.hotelkatrina.com	GPS: 57.3116, 25.
e l "Atpūta " īšu iela 49, Cēsis	Ph. 64127811	www.hotelatputa.lv	GPS: 57.3037, 25.
el "Kaķis" Pils iela 8, Sigulda	Ph. 29150104	www.cathouse.lv	GPS: 57.1563, 24.
el "Annas Hote l" "Annasmuiža", e Parish, Amata County	Ph. 64180700	www.annashotel.com	GPS: 57.0343, 25.
a <mark>dioni hotell"</mark> liņa iela 2, Valmiera	Ph. 64224184	www.voc.lv	GPS: 57.5408, 25.
el "Vidzeme" kļa iela 31, Valmiera	Ph. 64229606	www.viesnicavidzeme.lv	GPS: 57.5289, 25.
el "Gustavs" Katrīnas iela 28, Cēsis	Ph. 26017771		GPS: 57.3120, 25.



GUEST HOUSES Guest house "Livonija" Pulkveža Brieža iela 55, Sigulo Ph. 67973066 www.livonija.viss.lv GPS: 57.1495, 24.8594 Guest house "Brūver "Brūveri", Sigulda County Ph. 26092153 www.hotelbruveri.lv GPS: 57.1554, 24.8198 Guest house "Reinis "Kalnzaķi", Krimulda Cou Ph. 29172255 www.reinatrase.lv GPS: 57.1796, 24.8175 Guest house "Mauriņi" "Mauriņi", Allaži Parish, Sigulda Ph. 29208640 www.maurini.viss.lv GPS: 57.0569, 24.8323 Ph. 29607356 www.hotelkaupo.lv GPS: 57.1410, 24.8410 Jaunbeites", Sigulda C Ph. 29407215 www.parks-inn.lv GPS: 57.1555, 24.8587 Atbrīvotāju iela 1, Siguld Guest house "Lantus" "Lantus", Bērzaine Parish, Ph. 26519319 www.laukumaja.lv GPS: 57.6317, 25.2430 Guest house "Rakši" "Rakši", Drabeši Parish, A Ph. 29263798 www.hotelraksi.lv GPS: 57.2756, 25.1979 Ph. 26665040 www.nitauresdzirnavas.lv GPS: 57.0730, 25.1858 "Dzirnavas", Nītaure, Am Guest house "Kalnin Drabeši Parish, Amata C Ph. 26022248 www.kalnini.lv GPS: 57.2367, 25.2601 Guest house "Bērzi" "Bērzi", Plācis, Pārgauja C Guest house "Villa Al Līvkalna iela 10a, Sigula Ph. 26117306 www.atputa-berzi.lv GPS: 57.3625, 24.9769 Ph. 27770203 www.villaalberta.lv GPS: 57.1660, 24.8626 Guest house "Līvkalns" Pēteralas iela b/n, Līvkalni 3, S Ph. 22825739 GPS: 57.1699, 24.8734 Guest house "Denderi" "Denderi", Vaidava Parish, Koce Ph. 29242644 GPS: 57.4416, 25.2682 Guest house "Mazai "Ansīši", Rubene, Kocēni Ph. 64230352 www.mazais-ansis.lv GPS: 57.4649, 25.2559 Guest house "Meldri" "Meldri", Kocēni Parish, Kocē GPS: 57.4341, 25.2700 Ph. 26323724 Guest house "Luca Lucas iela 2, Valmiera Ph. 29456899 www.atputasbazes.lv/luca GPS: 57.5398, 25.4312 Guest house "Pro Niniera iela 6, Cēsis GPS: 57.3160, 25.2747 Ph. 29463284 www.province.lv Guest house "Aug "Ezernieki", Raiskums Ph. 26699996 www.augstrozes.com GPS: 57.3082, 25.1662 Ph. 29133713 www.lacumiga.lv GPS: 57.2453, 25.0459 Gaujas iela 22, Līgatne ujas ieto 22. ugune uest house "Rožkalns" "Rožkalni", Ph. 29118831 www.rozkalns.net GPS: 57.3045, 25.1394 Raiskums´iparish, Pārgauja County ketalu "Ezerg Ph. 29485859 www.ezergribiesi.lv GPS: 57.4370, 25.2753 "Gribieši", Kocēni County "Vakarvēji", Ph. 29213204 www.vakarveji.lv GPS: 57.5147, 25.2600 Kocēni Parish, Kocēni C "Eglaines", Ph. 29172332 www.hoteleglaines.lv GPS: 57.2381, 25.1921 Kārļi, Amata County "Ungurmuiža", Raiskums Parish, Ph. 22007332 www.ungurmuiza.lv GPS: 57.3625, 25.0887 Pārgauja County "Burtakas", Ph. 29451234 www.burtakas.lv GPS: 57.3479, 24.9339 Straupe Parish, Pārgauja Cou Guest house "Ungurmala "Ezermalas", Raiskums Parish, Ph. 26433390 www.ungurmalas.lv GPS: 57.3503, 25.1007 Pārgauja County Ph. 29426161 www.macibucentrs.lv GPS: 57.5317, 25.4225 Cēsu iela 20, Valmiera Ph. 29424941 www.laimesligzda.lv GPS: 57.2569, 25.2540 "Lejas Astītes", Amata Cour Guest house "Celmi" "Celmi", Vaive Parish, Cēsise (Ph. 26541266 http://celmi.celotajs.lv GPS: 57.2085, 25.4231 Ph. 22335597 www.karumnieki.com GPS: 57.1276, 24.8535 Kalnabeites, Sigulda Parish, Sigulda County Ph. 29467037 www.viesunamiem.lv/ GPS: 57.0990, 24.6883 Cīruļu iela 4b, Inčukalns ncukalna-strops Ph. 28445544 www.sorbas.lv GPS: 57.1139, 24.6260 Kilometre 37 of motor road Rigas-Ph. 26336313 www.viesunamiem.lv/ GPS: 57.1245, 24.6434 Inčukalnsi County

APARTMENT HOTELS ent hotel "Prieka Pietura" Ph. 29267957 www.priekapietura.lv GPS: 57.1508, 24.8449 Stacijas iela 6, Sigulda

Raiņa iela 2c, Valmiera	111. 2030/020	www.rewija.tv	01 3. 37.3411, 24.4247
Apartment hotel "Apinis" Rīgas iela 20-19, Valmiera	Ph. 29487711		GPS: 57.5382, 25.4174
Apartment hotel "Rožu romantika" L. Paegles iela 2d-49, Cēsis	Ph. 29364219	www.rozuromantika.lv	GPS: 57.1618, 24.8255
'Vecpilsētas apartamenti'' Rīgas iela 17a, Cēsis	Ph. 26335599		GPS: 57.3118, 25.2725

NATURE WATCH TOURS

135 Līgatne rock and cave trail From May to October the tour gives you an opportunity to get to know Līgatne sandstone rocks and caves, as well as investigate places which until now have been concealed. A long and a short trail available. The number of people in a group 10-15.	Līgatne TIC Ph. 64153169; 2918 www.visitligatne.lv GPS: 57.2335, 25.03
136 Fish spawn trail A walk along the fish spawn trail will give you an opportunity to watch how salmon and trout spawn. This usually takes place in October and November when the water temperature in rapid and pebbly rivers reaches 2-6°C.	Līgatne TIC Ph. 64153169; 2918 www.visitligatne.lv GPS: 57.2335, 25.03
137 I Adventure rides on horseback The Gauja National Park offers its visitors to take several hours' long rides in hilly pine woods or practice on the training grounds with instructors.	"AdventureRide" Ph. 29269559 www.adventureride
138 I "Baltic Wildlife", bird and animal observation tours Animal watching at Gauja National Park is a great opportunity to get to know a nature full of life and its inhabitants. Explore the numerous bird species and their voices. When going on observation tours you might possibly see moose, deer, wild boar, wolf, fox and beaver behaviour in the wild. Go out into nature and explore its simplicity, savagery and beauty!	Ph. 28808440 www.balticwildlife.e
Martin Colorador Martin	



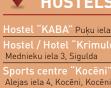


Holiday house "Medr namiņš" Mednieku iela, Holiday house "Pilsk "Pilskalni", Kocēni Parish

Holiday house "Ezer "Jaun-Klabi", Amata Pari

Holiday house "Jaun "Jaunbrenguļi", Raiskum Pārgauja County Holiday house "Vēji "Vējiņi", Straupe Parish,

"Meža rozes", Amata P



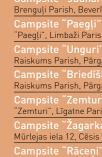


Campsite "Sigulda Peldu iela 2, Sigulda

Gaujas iela 36, Līgatne

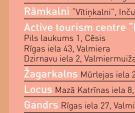
'Ozolkalns", Drabeši Pa

Zuši", Krustiņi, Inčuk



Rāceņi-3, Vaidava Parish, Campsite Baiļi" "Baiļi", Kauguri Parish, B "Pingvīni", Drabeši Pari

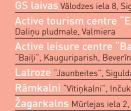






Upeņu iela 8, Sigulda

čas "Imantas" Sigulda (





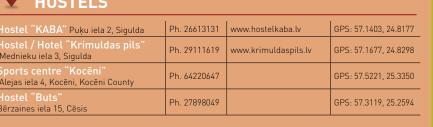


s "Jaunstilb



HOLIDAY HOUSES

(U ulda	Ph. 26553922	www.celotajs.lv/ medniekunamins	GPS: 57.1618, 24.8255
i" cēni County	Ph. 29299268	www.pilskalni.lv	GPS: 57.4615, 25.2684
bi" mata County	Ph. 29266445	www.ezerklabi.lv	GPS: 57.1784, 25.2449
nguļi" rish,	Ph. 26330479	www.jaunbrenguli.lv	GPS: 57.3183, 25.1964
auja County	Ph. 29289796	www.pazemesezeri.lv	GPS: 57.3449, 24.9185
zes" mata County	Ph. 29143244	www.mezarozes.lv	GPS: 57.1899, 25.2069
as" a County	Ph. 29441970	www.celotajs.lv/upeslejas	GPS: 57.3635, 24.9589
a‴"Gaižēni", ounty	Ph. 29262455	www.ezerseta.lv	GPS: 57.3247, 25.1382
ni County	Ph. 29472671	www.atputagimenei.lv	GPS: 57.6344, 25.1932
nieki County	Ph. 29499342	www.avoti.com	GPS: 57.5581, 25.4408
	Ph. 29255649		GPS: 57.3077, 25.2523
ni" sh,	Ph. 29349365	www.ezerkalni.mozello.lv	GPS: 57.3082, 25.1662



uja County	Ph. 29448188	www.apalkalns.lv	GPS: 57.3174, 25.1479
dmale"	Ph. 29244948	www.makars.lv	GPS: 57.1575, 24.8367
	Ph. 29244948	www.makars.lv	GPS: 57.2545, 25.0457
amata County	Ph. 26400200	www.ozolkalns.lv	GPS: 57.2999, 25.2172
unty	Ph. 28327110	www.zusi.lv	GPS: 57.1296, 24.6293
aunarāji", Inty	Ph. 29121702	www.jaunaraji.lv	GPS: 57.5470, 25.4899
paži County	Ph. 29819364	www.pazemesezeri.lv	GPS: 57,4272, 24,8051
uri", punty	Ph. 29120992	www.kempingi.lv/unguri	GPS: 57.3530, 25.0874
edīši", ounty	Ph. 26466916	www.briedisi-ak.lv	GPS: 57.2946, 25.1253
atne County	Ph. 29482791	www.ligatneszemturi.lv	GPS: 57.1690, 25.0408
	Ph. 26266266	www.zagarkalns.lv	GPS: 57.3114, 25.2245
ēni County	Ph. 29232478		GPS: 57.4447, 25.2689
īna County	Ph. 29284119	www.baili.lv	GPS: 57.5356, 25.4685
a" pata County	Ph. 29186772	www.amata.lv	GPS: 57.2586, 25.2656

	Ph. 29644800		GPS: 57.1612, 24.8470
а	Ph. 26488507	www.jdtehnika.lv	GPS: 57.1537, 24.8514
la County	Ph. 29272255	www.reinatrase.lv	GPS: 57.1796, 24.8175
County	Ph. 26666728	www.peldam.lv	GPS: 57.1410, 24.8410
ns County	Ph. 29100280	www.ramkalni.lv	GPS: 57.1248, 24.6585
,,	Ph. 26573132 Ph. 64226223 Ph. 29135438	www.ezi.lv	GPS: 57.3140, 25.2728 GPS: 57.5367, 25.4097 GPS: 57.5559, 25.4311
ēsis	Ph. 26266266	www.zagarkalns.lv	GPS: 57.3075, 25.2208
sis	Ph. 20008870		GPS: 57.3116, 25.2682
	Ph. 64222352	www.gandrs.lv	GPS: 57.3116, 25.2682

	Ph. 29244948	www.makars.lv	GPS: 57.1577, 24.8371 GPS: 57.2545, 25.0457
	Ph. 26524203	www.karlsonalaivas.lv	GPS: 57.1581, 24.8775
y	Ph. 29211634	www.laivunoma.com	GPS: 57.1541, 24.9269
da	Ph. 26529812	www.gslaivas.lv	GPS: 57.1485, 24.8541
,	Ph. 27852852	www.ezi.lv	GPS: 57.5424, 25.4533
 County	Ph. 29284119	www.baili.lv	GPS: 57.5356, 25.4685
ounty	Ph. 26666728	www.peldam.lv	GPS: 57.1410, 24.8410
na County	Ph. 29100280	www.ramkalni.lv	GPS: 57.1248, 24.6585
sis	Ph. 26266266	www.zagarkalns.lv	GPS: 57.3075, 25.2208
tv	Ph. 29423270	www.gaujaskrasts.lv	GPS: 57.3416, 25.1519

WELL-RESTED AND HEALTHY

13, 73973 mnica.lv 8442
224184 i.4405
atciems, Amata 6066, ahotel.com i.3034
unty, i.1025
73009 v 8542
la 2153 ri.lv •.8198
tne 1915 gatne.lv i.0709
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146 I Straupe country goods market On every 1st and 3rd Sunday of each month. Principle of the market: "We cultivate. We create. We selt". The market offers ONLY local, seasonal, and pure foods, as well as craftsman made items ONLY from natural materials. The market takes place next to the production unit and shop of Dairy producers' cooperative society "Straupe" being open every day and offering natural dairy ronducts that are always firsh and texty. lairy products that are always fresh and tasty. What other better way to get to know a place than by tasting it?

Dzirnavu iela 2

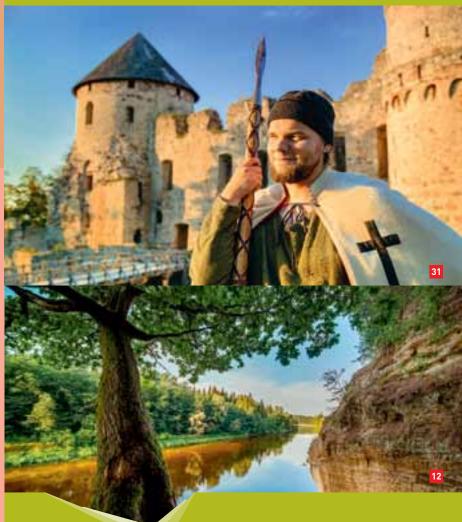
Along with making beer, the brewery of Valmiermuiža cooperates with other hospitable establishments and welcomes travellers from near Ph. 20264269 and far to get acquainted with the treasures, traditions and delicacies of Vidzeme! www.gardumuti.lv GPS: 57.5559, 25.431





PĀRGAUJA, AMATA INČUKALNS KOCĒNI

2015





Public transport schedules www.1188.lv, information phone number 1188 Official Latvian tourism portal www.latvia.travel Riga Official Travel Guide portal www.liveriga.com

www.visit.valmiera.lv

EVENT CALENDAR

www.latvianhorses.lv

TOP e	vents in 2015 in the region		
810.01.	XIV International Winter Music Festival Valmiera. www.visit.valmiera.lv.	16.0717.	International Folklore festival "Baltica 2015" Nature concert hall of Neikenkalns,
37.02.	015 Women's World Floorball Championship, Qualification round in		Cēsis, Turaida Museum Reserve. www.cesis.lv, www.turaida-muzejs.lv
1315.02.	Valmiera. www.voc.lv. 45th FIL — World Championships.	18.07.	Concert in Ungurmuiža within Cēsis Art Festival www.ungurmuiza.lv
	Bobsleigh and luge track "Sigulda". www.kamanas.lv, www.fil-luge.org	19.07.	Jēkabi — Bread Day in Āraiši. www.amatasnovads.lv
68.03.	II Latvian Winter Olympics in Sigulda. www.olimpiade.lv	2031.07.	The Introvert Art Festival "Ad Lucem" in Sigulda. www.baltaisfligelis.lv
14.03.	Sigulda Winter Festival. www.tourism.sigulda.lv	2226.07.	International Hot Air Balloon Festival "Valmieras Kauss 2014".
0405.04.	Latvian Water Tourism Championships "Amata 51". www.amatasnovads.lv	2426.07.	www.visit.valmiera.lv. Baltic Open CSI2*, show jumping
26.04.	SEB MTB marathon, Stage 1 "Cēsis – Valmiera". www.velo.lv.		competition. www.latvianhorses.lv
12.05.		25.07.	VI Blues Fest in Sigulda. www.bluesfest.lv
	www.staduparade.lv	31.07 2.08.	XXIII Sigulda Opera Festival. www.opersvetki.lv
9.05.	"Laivu maršs Abuls – Gauja". www.ezi.lv.	31.07 1.08.	Presidents Award in track and field athletics . www.visit.valmiera.lv.
16.05.	Night of Museums. www.muzeju-nakts.lv	31.07	International Music Festival "Laba daba"
16.05.	Latvian Orienteering Championships in Sigulda County. www.tourism.sigulda.lv	1.08.	in Ratnieki. www.labadaba.lv
24.05.	Festival for children "Graduation in the Wonder Closet" www.tourism.sigulda.lv	01.08.	Cēsis Medieval Festival www.cesiscastle.lv Cēsis Eco Trail 15, 30, and 80 km.
20.06.	Latvian Orienteering Sprint Championships for mixed teams in Kocēni. www.lof.lv		www.cet.lv
		15.08.	Schubertiade in Ungurmuiža. www.ungurmuiza.lv
21.06.	Summer Solstice in Turaida, Jāņkalns. www.turaida-muzejs.lv	2023.08.	9th International Floorball Tournament "Latvian OPEN – 2015". Valmiera and
2228.06.	Kremerata Baltica Festival in Sigulda. www.baltaisfligelis.lv	2123.08.	Kocēni. www.floorball.lv "Baltic Cup 2015" and "Kocēni Cup 2015"
27.06.	Concerts of Nordic and Baltic Choral Festival in Sigulda and Cēsis. www. tourism.sigulda.lv, www.cesis.lv		horse and cart riding. "Kocēni Cup 2015" show jumping and dressage. www.kocenunovads.lv
27.06.	Little Opera Music Festival in Ungurmuiža. www.ungurmuiza.lv	06.09.	25th Latvian Cyclists Unity Ride. www.velo.lv
29.06 5.07.	International art plein-air. Valmiera. www.muzejs.valmiera.lv.	1920.09.	Medieval Tournament in Castle of Livoniar Order in Sigulda. www.tourism.sigulda.lv
0328.07.	Art Festival "Cēsis` 15". www.cesufestivals.lv	20.09.	Valmiera Marathon 2015. www.valmieras-maratons.lv
0405.07.	Sigulda Cycling Weekend – UCI competition, marathon and Olympic cross. www.tourism.sigulda.lv, www.velo.lv	03.10.	Sigulda Mountain Marathon. www.raid.lv
		03.10.	Fire Night in Vienkoči Park. www.vienkoci.lv
05., 12., 19., 26.07.	<u> </u>	10.10.	Simjūds Fair and excursion "Rudens krāsas Valmierā" or "Autumn Colours in
10., 17.,	Live music evenings in Valmiermuiža.		Valmiera". www.visit.valmiera.lv.
24. and 31.07.		10.10.	Sigulda Half-Marathon. www.siguldasmaratons.lv
11.07.	Wind orchestra festival "Tauru skaņās kad viļņojas gaiss" in Dikļi. www.kocenunovads.lv	28.11 31.12.	Festival of Christmas Feelings in Cēsis. www.cesis.lv
1112.07.	VIII Latvian Horse Days in Inčukalns.	12.12.	

GAUJA NATIONAL PARK

ished more than 40 years ago. Gauja National Park protects the values of the Gauja River old valley and its surrounding territory, as well as a huge diversity of plants, birds, and insects. The origins of the ancient Gauja River valley go back more than 350 million years, but its current ravine-ridden terrain was moulded by the glacier the current territory of the Gauja NP and neltwater at the end of the Ice Age. The Gauja, at the bottom of it dolomite and sandstone which is the longest river in Latvia (452 km), winds through the national park. The river once served as a trading route, and the Livonians built their settlements on its banks. Strong stone castles, which were enclosed by steep slopes and deep valleys, were built in the 13th centur The cities and the social and cultural life grew around these castles. Today, the park is a place where legends of the past live alongside modern and cosy guest hou es, restaurants and leisure spots. Here you o enjoy the aura of antiquity in old castles, received a burst of energy at one of the ancient sacred places or experience the healing properties o the springs. You can also touch trees planted by kings, hear your voice echoing off sandston rocks, or let the nature trails carry you off into

he biggest national park in Latvia was estab

rich forests. All of this should be enjoyed slow letting the taste, smell and colours introduce you to the rhythm of the local life. This is best done by hiking, riding a bicycle or a horse, or even taking a boat down the gentle stream of the Gauia River

ADVENTURES IN NATURE

The walls of the biggest cave and also the oldest tourism object in the Baltics have witnessed many events and bear inscriptions from the 17th century. People say that the cave has formed from the tears of Livonian chieftain Rindaugs' wife who was Kocēni County. GPS: 57.5485, 24.6915 buried in the shores of the Gauia as punishment for her adultery. The purling of the spring still reminds of her sadness. Some people say that the spring water has healing properties. A man called gut mann" by the local people used the water for healing, thus the cave was named after him. This is also the place of origin of the beautiful story about Turaidas Roze (Rose of Turaida) who used to seed Viktors by the cave. igulda County. Ph. 26657661 GPS: 57.1761, 24.8426

The nature trails will take you within a few meters of various forest animals and birds which live in enclosures in their natural habitat. These animals have been brought here from all over Latvia and most of them were either injured or domesticated baby animals which would not have been able to vive or find food without neople's care Līgatne. Ph. 64153313, 28328800, www.gnp.lv GPS: 57.2484, 25.0154

The biggest tree in the Gauja NP and the tree with one of the densest foliages in Latvia. It is often compared to the magnificent tree depicte on the 5 lats banknote, and with good reason. This tree has a circumference of 6 meters and a height of 20 meters. It grows on the right bank o the Gauja River. Raiskums Parish, Pārgauja County GPS: 57.2769, 25.1813

The highest mountaintop in north-western Vidzeme (127 m AMSL) is also an ancient sacred place, a medieval burial ground and a protected area. The ancient Upurakmens (Sacrificial Stone) with an artificially formed bowl-shaped hollow can be found on Zilaiskalns. People tell a certain story of the special properties of Zilaiskalns: when the spring with healing properties for eye illnesses on top of Zilaiskalns dried out, people started using the sand for healing instead. But when Charles XII of Sweden wanted to use the mountain for militar purposes, not only the local people but also the nature itself showed opposition to this idea - an incessant downpour began, denying the soldiers access to the mountain. Zilaiskalns is thought to

have been a meeting place for witches, therefore people come here to foretell the future and sacrifice. Zilaiskalns is also associated with some Tree lungwort Lobaria pulmonaria minescent moss Schistostega penn Northern bat Eptesicus nilssoni. Common kingfisher Alcedo atthis Perennial honesty Lunaria rediviva

During the Devonian period (400 million years ago) a warm and shallow sea spread across were forming. The sea was home to the placoderms and a multitude of fossils have preserved until today. There are still places i the park today where intact placoderm bodie

can be found in the Devonian period strata.



the rest of the household members, takes it back again, and manages all of that before sunrise on Māra's day, will be free of all illnesses. Furthermore, the spring is said to have a violet aura thanks to which is has been awarded six stars. Cēsis County. Ph. 26385633, www.svetavots.lv GPS: 57.3045, 25.2338 The sandstone rock and the slope with an observa tion deck is one of the most beautiful places in Latvia. Starting at the rock and winding along the Amata River are several walking paths. Long ago on the nights of New Year's Eve, Pentacost and

Midsummer Day witches and devils used to throw

big rackets around the rock. The Zvārtes iezis visitor centre offers you to go on a walk in the Witch Meadow where secrets of wise women, ancient spells and herbs used in them will be revealed to yo Amata County. GPS: 57.2474, 25.1423 A unique cave system with an underground stream and two underground lakes. These are the only known underground lakes in the Baltics. The area of the big lake is 30 m², the length 14 m, and the depth 2 m. The

area of the small lake is 15 m², the length 6 m, and the depth approx. 5 m. Above the large underground cavities is only a 6 m sandstone and Quaternary period sediment layer, therefore the lakes can be visited in the accompaniment of a guide only. Vējiņi", Straupe Parish, Pārgauja County Ph. 29354189, www.pazemesezeri.lv GPS: 57.3398, 24.9071

A very scenic place with a view to the ancient Gauia

River valley. It has inspired such great artists as I. Feders, J. Rozentāls and V. Purvītis, and that is also where the mountain gets its name from. A great w to the Turaida castle or Sigulda County, GPS: 57,1748, 24,8658

his monumental cliff wall of the ancient Gauia River valley is a protected geological object. Velna ala (Devil's Cave), which is an ancient cult place and has formed in the cliff 8 m above the water level, s also protected. People who know this place well will tell you that once, while sleeping in the cave, the devil completely blackened its walls with his breath The next evening he escaped through the top of

the cave and ran straight into the Gauja whirlpool where he still sits today and drags in the occasional Sigulda County. GPS: 57.1496, 24.8118

The high Beite steep opens up a view to the landscape of the ancient Gauja River valley which started forming more than 300 million years ago The current shape of the river valley was formed by melting glaciers 12-13 thousand years ago The place names originated when the Russian tsar Alexander II visited Sigulda. While waiting for the noble guest, a serpentine road in the vicinity o

stadium of Jānis Daliņš, all nature lovers can take a walk on a path which is 2.7 km long and consists of various nature elements. The Path of Sensatior awakens all five senses: hearing, vision, touch, smell, and taste. During the walk you can enjoy one of the most picturesque views along the bank of the river Gauja. Here you will also see the fast Kazu Rapids that were initially made to control powerful stream of the river Gauja. The Park of Sensations is also a great bird watching site. Valmiera, J.Dalina iela 2 Ph. 64224184, www.sajutuparks.lv GPS: 57.5409, 25.4405

.00 lilv and 80 waterlilv sp

Tulip and lily collector and breeder Mārtiņš Erminass

welcomes visitors to his garden in May when tulips

can see more than a thousand tulip and several hun-

dred lilv species in the whole spectrum of colours.

28 | The trails of Bīriņi Park The Bīriņi Castle is surrounded by a lake and a

wonderful park with long trails for walking and

horse riding tracks that wind through it and lead

past the nest of the stork which lives in the tower

mysterious arbours, unique 18th century tombs.

Spring Hill, Angel Hill, continuing around the spa-

by wild animals and dams built by beavers

Bīrinu Pils, Limbaži County, Ph. 64024033.

olden times. The Cēsis new castle delights

the visitors with a luxurious 18th-19th centur

introduces to events which have affected the

www.cesiscastle.lv. GPS: 57.3132, 25.2714

The Līveni prince's dwelling house was built

other buildings. Currently the manor houses

The castle was built in 1896 during the time

of baron Pauls fon Volfs and was an impres-

sive neo-baroque building. The wood deco-

ration elements and the collection of ancie

ovens and fireplaces have been preserved

during the restoration. Currently the castle

Dikli, Kocēni County. Ph. 6420748

a real medieval prison. Medieval games in the www.diklupils.lv. GPS: 57.5978, 25.1025

is home to a 4-star hotel, a restaurant and a

Pony and horse rides. Individual horse-riding

experienced trainer. An opportunity to use the rid-

ing fields of the world's level for individual training

Competitions and entertainment events in the

"Zustrenes". Inčukalns County. Ph. 20370991

A place for hiding from daily concerns and enjoyi

captivating water pleasure. An opportunity to test

one's skills and courage in wakeboarding, master

skills of wakeboarding (in a wakeskating school

www.ranchoparks.lv. GPS: 57.4651, 25.2539

I Active leisure centre "Žagark

Nine skiing tracks of various difficulty, instructors,

cafés, a children's room, a shop, a bath-house, pic-

nic places, as well as an opportunity to rent equip

ent – all of this awaits skiers at "Žagarkalns"

www.zagarkalns.lv. GPS: 57.2981, 25.2268

The skiers can choose the most suitable track for

one of the ski lifts, rent equipment and receive

advice from instructors. There is also a special

hildren's/beginners' park as well as a café

Peldu iela 1, Sigulda. Ph. 29447713

www.ocs.lv. GPS: 57.1596 24.8386

their skills – 350 m. 200 m or 70 m. as well as use

"Žagarkalns", Cēsis, Ph. 26266266

water skiing, tubing, or stand-up paddling.

Rubene, Kocēni County. Ph. 26666046

INTER PLEASURES

www.latvianhorses.lv. GPS: 57.0881, 24.7324

a rehabilitation institution which also offer

around 1822 in classicism style. The manor

complex consists of the landlord's house.

the coach-house, the Swiss house, and

Ph. 29111619, www.krimuldaspils.lv

interior exposition as well as interactively

Pils laukums 9, Cēsis. Ph. 64121815

ourse of the European h

Mednieku iela 3. Sigulda

GPS: 57.1677, 24.8298

cious Emily's Park to peaty meadows with paths left

Parka iela 7, Rubene, Kocēni County

Ph. 29499869, www.parkaiela.lv

GPS: 57.4654, 25.2577

blossom and in July when lilies blossom. Here you

Along the steep banks of the river Gauia, near the

is a geological object and ancient cult place. he cave started forming after the ice age about five thousand years ago. Well-known explorer, Johann Christoph Brotze, was the first person wh described the cave more than 2 centuries ago. A story tells that in old times, the Devil used to live in the cave, while under the cave, there was a cellar where the Devil had chained its lost souls. Under-Inčukalns County. GPS: 57.1266, 24.6438

he wildlife park with a territory of 170 ha has about 300 elks, fallow deer and white elks living in it. It will 29416661, www.birinupils.lv. GPS: 57.2441, 24.6591 be a great place for those who want to rest from ity hustle in a pleasant and clean environment. Th s also the first private deer garden in Latvia. ulstari", More Parish, Sigulda County h. 29444662, www.safariparks.lv GPS: 57.0791. 25.0572

n the farm you can see African ostriches, fallow deer, miniature sheep, peacocks and pheasants. In summertime you can also buy ostrich eggs or try an ostrich egg omelette.

CASTLES AND CHURCHES RICH IN LEGENDS castle garden as well as walks with a guide will help you enjoy the atmosphere of the

he most frequently visited museum in Latvia where you can explore archaeology, architecture history and art history expositions that tell of stories dating back as far as the 11th century. is place holds many stories about the medi eval castle and the church, about the Livonian of the Gauja, about the old manor centre and th nu kalns (Folk Song Hill). Turaidas iela 10, Sigulda Ph. 67972376, www.turaida-muzejs.lv SPS: 57.1868, 24.8478

The Livonian Order Sigulda castle was built in 1207 as a fortress but was later rebuilt into a convent type building. Nowadays, people who long for a medieval atmosphere can climb the northern and the main gate towers, as well as roam the castle itself. The neo-gothic Sigulda new castle was built in 1878 as the dwelling house for the manor owners Kropotkini and n ses the Sigulda Municipality Council Pils iela 16/18, Sigulda Ph. 67971335, www.tourism.sigulda.lv GPS: 57.1656, 24.8506

From 13th to 16th century the Cesis medieval castle was the residence of the Livonian Order. master. Its western tower offers a great view to nent of the southern tower will see





The leisure complex has tennis courts, golf and miniature golf courses, a golf school, a BMX track a BMX ABC, a nature labyrinth "Koka skola" (Woo school), a trampoline and a catapult. Vacationers can also stay in one of the cosy holiday houses. Burtnieki County Ph. 29499342 www.avoti.com. GPS: 57.5581, 25.4408

The stud-farm offers horseback rides in the vicini of the Kocēni village, rides in carts, as well as excursions in the manège and stories about hors breeding and sport. There are also leisure pre "Astras", Kocēni, Kocēni County Ph. 26405147, www.zirgaudzetavakoceni.lv GPS: 57.5193, 25.3303

This BMX track prototype for the London 2012 Olympic Games is where the best Latvian BMX riders train. On Saturdays and Sundays during the summer season you can rent a BMX bike and tes our skills in the small track. Rubene, Kocēni County Ph. 29144300. GPS: 57.4670. 25.2556



famous people, for example, the legendary healer Zilākalna Marta (Marta of the Blue Mountain) or Marta Rancāne, as well as the Livonian hero Imanta who, according to a legend, was buried in the Zilaiskalns Upurkalninš (Sacrificial Mound). The largest white sandstone outcrop in Latvia has many artistic niches, cavities and caves. A maintained nature trail winds along the rock. It is believed that the rock has gotten its name from the bee caves which look like little holes in its surface, thus, resembling a strainer. However, its largest protrusion Velna papēdis (The Devil's Heel) carries the name of the devil himself who has kicked off from it while running across Gauja

Others have even more to tell of the devil: about how he built a bridge near Sietiniezis while trying to escape from the cave of Lielā Ellīte and about how he collected rocks in his hat as if they were Kocēni County. GPS: 57.4305, 25.3829

towards Liepa, the cave of Lielā Ellīte (Big Hell).

e biggest sandstone outcrop of the Devonian pe iod in Latvia, 500 m in length and 43 m in height. There are rapids at the beginning of the cliffs with the relative decline of 0.5 m/km. Right beyond the rapids, opposite the highest point of the cliffs is the leepest whirlpool of the Gauja (about 7 m). e cliffs also have their own story: they got their me from the nearby houses "Ķūķi", but "ķūķu porridge" or "ķūķis" was a traditional Latvian winter solstice meal Raiskums Parish, Pārgauja County

GPS: 57.2741, 25.1066

Many of these artificial caves (more than 300) were built already in the 18th century. People used to store food in them, but during the Tsar times the īgatne Paper Mill used them to store paper. The secret of these caves is the temperature which remains the same both in the summer and in the winter. Some of the caves are still in use today, but as certain nature protection and safety rules must be observed, they can only be visited together wit Līgatne, Ph. 641536169, 29189707 www.visitligatne.lv. GPS: 57.2335, 25.0396

The Sacred Spring does not freeze even in winters and according to stories it also has healing properties. A strolling park, in which you can arrange ar excursion with a guide, has been built around the spring. Wise people say that a person who bathes in the water of the sacred spring, brings water to

(The King's view), Keizarkrēsts (The King's chair) Sigulda. GPS: 57.1427, 24.8241 Amata trail offers bright sandstone and dolomite outcrops and a diverse world of plants. The total length of the trail is 19 km, and 3 parts lead just to the right bank of the Amata River: Melturi - Kārli fishery – Zvärte rock – Veclauči Bridge It suits hikers, Nordic walkers, and bird watchers. There are 43 geocaches located in the trail (Geocaching.com Amata trail). The trail is not suitable for bicycles. Amata County. GPS: 57.2495, 25.1476 Hotel "Kārļamuiža". GPS: 57.2406, 25.2121

died out, there the drowned man was to be found. Pārgauja County. GPS: 57.2494, 25.0047 This beautiful sandstone rock is found in a swift river bend near Līgatne nature trails. The rock

hose who like surprises and adventure will enjoy he opportunity to see the earth from a bird's raveller club "Altius". Ph. 67611614 www.altius.lv.

This is a place to visit together with your family. friends or colleagues - the park offers obstacle courses, wire ropes, bridges of different construc tion, swings, logs, ropes and ladders, wire rope rides, a skiing track, volleyball fields, an Alpine style uest house, a bath-house complex, a pub, and

isure for fans of both quiet and extreme activies – a golf course with nine holes, a training field ith distance markings, volleyball and miniature otball fields, obstacle course "Meža Reinis" 'Kalnzaķi", Krimulda County. Ph. 29272255 GPS: 57.1796, 24.8175

One of the longest toboggan tracks in the Baltics attractions, boat and bicycle routes and rental, a bistro and a pub welcome both the young and "Vītinkalni", Inčukalns County. Ph. 29100280 www.ramkalni.lv. GPS: 57.1248. 24.6585

Sigulda and Krimulda, a temporary wooden bridge | lends its name from a girl named Katrīna across the Gauja and an observation deck on the which had decided to kill herself because of an edge of the ancient Gauja River valley were built. inhappy love by jumping in he sovereign was delighted by the marvellous Pārgauja County. GPS: 57.2530, 25.0154 landscape and the place was named Ķeizarska lliavu krauja One of the highest rock outcrops in Latvia offers a marvellous view to the ancient Amata River valley. It is the tallest rock outcrop in Latvia –

46 m. The length of the cliff exceeds 500 metres It reveals a great view to the old valley of the Amata River in all seasons. Amata County GPS: 57.2383, 25.1979 Modern, marked walking and cycling trails of vari-

s length along the banks of the Gauja will teach ou about the geological processes and changes hich have occurred here since the Ice Age. hese trails will introduce you to many interestin objects, such as Spogulu klintis (Mirror Cliffs) or Vilka aiza (Wolf's Gorge). It is a 350 million years old cliff which is washed by the waters of the

Cēsis County. 57.3069, 25.2215 At the lower reaches of the Pārgauja and

Krimulda municipality borderline river Brasla there is a 2 km long section with 12 sandstone outcrops which are all protected geological objects. This route is not marked Pārgauja County. GPS: 57.2887, 24.9381 (recommended parking place) The approximately 10 m high sandstone cliffs which uncover themselves in a 200 m long distance along the Gauja River, are also called

springs flow from the rock, including the very popular Rūcamavots where many people drav water from. The water has a slightly unusual aste (the taste of iron is present). Raiskums Parish, Pārgauja County GPS: 57.3200, 25.2205

The adventure park has not only a trail in the woods with more than 65 challenges of various difficulty but also an archery trail with natural size animals, as well as picnic spots and a boat and raft rental. 'Saulkrasti", Drabeši Parish, Amata County Ph. 26400200. www.ozolkalns.lv GPS: 57.2943, 25.2220

Animal lovers will enjoy the opportunity to see animals in nature and pet camels. llamas, alpacas and guanacos as well as go for a walk with them. There are also multiple guest houses, bath-houses as well as a raft rental for a ride in the Gauja. 'Rakši", Amata County. Ph. 29263798 www.kamieli.lv. GPS: 57.2756, 25.1979

'Mārkulīči" offers open-air shooting ranges and sports fields, as well as boat rental and campgrounds. Those who would like to practice shooting hould apply for a lesson prior. 'Āvaidi", Straupe Parish, Pārgauja County Ph. 29464946, www.markulici.lv GPS: 57.3005, 24.9087

This nature trail will take you on a walk along a marsh where you will see beaver houses. By previous arrangement, it is possible to take a horse-ride or pony-ride, as well as book accommodation that ecially suits groups of cycling-tourist 'Jaunstilbi", Raiskums Parish, Pārgauja County Ph. 29423270

GPS: 57.3416, 25.1519

castle, the bridge across Gauja, Krimulda manor and Sigulda bobsleigh track. But those who are

looking for more extreme sensations can try ing off the cable ca Poruka iela 14, Sigulda, phone 67972531 www.bungee.lv. GPS: 57.1645, 24.8458

The biggest open-air adventure park in the Baltics will keep the whole family entertained – here you can find a toboggan track, obstacle courses in the trees. for adults and children alike, a chair lift, a catapult and a bungee jumping trampoline for children. Peldu iela 1, Sigulda, phone 27001187 www.tarzans.lv. GPS: 57.1596, 24.8386

VELLS (in English – Devil) is a tower of heroic acts in Sigulda where a person by him/her own or together with other people can test their strengt nd out their most hidden potential, and exper unseen and a great sense of freedom. VELLS is a special structure made of the strongest Latvian trees, and it is as tall as a nine-floor building wh leas serve as a ladder to the sky, and when read the top, a visitor can fly down while being faster

Puku jela 4. Sigulda, phone 26003210

www.vells.lv GPS: 57,1403, 24,8177

ACTIVE LEISURE

The vertical wind tunnel flight is a unique entertainment that allows everyone to fulfil humanity's age-old dream of flying. The wind flow is so strong that it is possible to lie down in it and fly without wings. It is safe to fly and previous experience is not required, the instructor who guides the flight allows you to rise to an altitude of several metres and will with you for the whole duration of the flight.

The 47th km of Rīgas-Sigulda highway Ph. 28384400, www.aerodium.lv GPS: 57.1333. 24.7861 Bobsleigh and luge trac

The Sigulda bobsleigh and luge track offers the city quests an opportunity to enjoy a 1420 m long ride with 16 curves and a 200 m long braking distance which is normally available to professional Šveices iela 13, Sigulda. Ph. 29185351

www.bobtrase.lv. GPS: 57.1508, 24.8408 A ride in a car on the only aerial cableway of its kind in the Baltics provides a view to the swiftly

changing scenery of the Gauja River valley, Turaida







always offered up silver coins to safely pass this complicated curve. In case one of them drowned, the others had to lower a piece of bread with a burning candle in it in the Gauja. Where the candle

Senču iela 1, Sigulda. Ph. 67976886 ww.kakiskalns.lv PS: 57.1431, 24.8291

www.reinatrase.lv



Raiskuma iezis (Raiskuma Rock). Multiple

aunklētnieki". Straupe Parish, Pārgauja County Ph. 26399959. GPS: 57.3548, 24.9349 Baron fon Kampenhauzen's family house, built in 1732 and surrounded by giant oaks, is the only wooden baroque castle in Latvia which surprises The nursery will introduce the visitors to the largest with an abundance of ancient paintings. Today the visitors are welcome in the manor to look collection of hostas in Latvia (150 species) and in It the interior paintings and enjoy the special the flowering time will surprise with 300 daffodil, osphere while drinking tea in the tea house Raiskums Parish, Pārgauja County "Jaunrūjas", Raiskums Parish, Pārgauja County Ph. 22007332, www.ungurmuiza.lv Ph. 29488877. GPS: 57.3489, 25.1134 GPS: 57.3625, 25.0887

The Bīriņi Castle, built in 1860, rises on a hillock near the lake. Its architectural construction can e attributed to the Neo-Gothic style, whilst the nteriors owe much to the Neo-Renaissance style. The Castle is surrounded by a picturesque park, lakes and manor houses with a hotel, a restaurant, luxurious rooms for weddings and workshops. The saunas, swimming areas, Wood Park walking paths and horse riding tracks are Bīriņu Pils, Limbaži County

Ph. 64024033, 29416661, www.birinupils.lv GPS: 57.2441, 24.6591

Mālpils Manor has been reconstructed, main aining its historic, architectural appearance o the Classicism style. Old, restored fireplaces and tile stoves, dark oak panel ceilings, the reno vated banguet hall parguet floor patterned with star designs, and an oak staircase can be seen the manor. The interior of the manor is embe ned with antique furniture in the Classicist nd Biedermeier style, paintings by Latvian Old sters, an historic harpsichord, candlesticks,

ls iela 6, Mālpils, Mālpils County h. 67102555, www.malpilsmuiza.lv PS: 57.0064. 24.9494 prew great beer, one first had to build a great

anor. At first the manor was situated in the GPS: 57 1019 24 8226

The church, consecrated in 1284, is one of the

oldest and largest cult buildings in Latvia. Insid

the church you can find an altar piece made by

J. Kēleris and one of the biggest gravestone

ollections in Latvia, as well as enjoy excellen

organ music and watch the Cēsis panorama

The church, built in 1283, has almost com-

Lielā Skolas iela 8. Cēsis. GPS: 57.3122. 25.2718

pletely preserved its medieval appearance. In the

rch you can find gravestones of prominent

and organ loft paintings (1730), as well as enjoy

n 2015, the church tower's reconstruction

[°]he church was designed in 19th century by Jāni

rīdrihs Baumanis who was the first academi-

ally trained architect in Latvia. The church was

built from grey rubble stone, but its cornices,

rners and ledges were made from locally

Rīgas iela 22. Valmiera, GPS: 57.5385, 25.4164

The altar of this church has preserved from

he 13th century but the building itself has

been reconstructed several times. The Rubene

ngregation was established in 1208 by the

cler Letu Heinrihs (Latvian Indriķis), who

long time was also the priest and led the

ongregation which consisted of leti (inhab

ork is planned

uninieku iela 2, Valmiera

3 | St. Radonežas Ser

ufactured red bricks

our visit over the phone.

GPS: 57.5384, 25.4263

Valmiera's panorama from the church tower

vicinity of Valmiera Castle but around 1624 it was relocated to the place where it can still be found today. Sources suggest that already during Swedish times there was a pub near the castle Due to Valmiermuiža's proximity to the road leading from Western Europe to St. Petersburg the manor was visited by a number of Europea monarchs, including Sigismund, King of Poland Carl XII, King of Sweden, Louise, Queen o Prussia, and Catherine the Great, Empress of Russia, as well as other aristocratic quests Dzirnavu iela 2. Valmiermuiža, Burtnieki County. Ph. 20264269, www.valmiermuiza.lv GPS: 57.5559, 25.4311

First mentioned in writing in the 15th century as St. Bērtulis' church, this building takes pride in the altar piece "Christ in the Garden of Ghetsemane" created by Roberts Tilbergs 1930, the cast iron bell installed in 2001 and the button mosaics created by Valdis Attāls.

Baznīcas iela 2. Sigulda GPS: 57.1624, 24.8523

This church, built in 1750, is one of the oldest wooden churches in Latvia and it is located on the Church Hill (which is also an ancient burial ground) inside the territory of the Turai museum reserve. The Turaidas Roze (Rose of Turaida) memorial site can be found next to the church. Turaidas iela 10, Sigulda

Ph. 67972376, www.turaida-muzejs.lv GPS: 57.1868. 24.8478

This Lutheran church, built in 1926, is a national architectural site, but it has been used both as a canteen and as a warehouse The church, which has been decorated with he local travertine, has been fully restored

In 1864 one of the most beautiful Latvian traditions - the Song Festival - was born in Dikļi. Writer, pastor and teacher J. Neikens organised the Festival on Neikenkalniņš, at the foot of which now stands a beautiful openair stage. The Dikli Song Festival exposition compiles information about all of the Latvian culture and education events in the 19th century as well as of the origins of choir starting fror he first regional Song Festival. Exposition "Grāvelsini". Dikli, Kocēni County Ph. 26649685, www.kocenunovads.lv GPS: 57.5973, 25.0943

of the Paper Mill village Paper mill was established in 1815, operating for almost 200 years. The village of the Paper Mill is an authentic 19th century industrial and wood building ensemble which will introduce you to the lifestyle of Līgatne people in different centuries.

THE THE S.S.D. NUMPERS

Opened in 2007, the park is an homage to

Sigulda's most popular souvenir – the Walking

stick. Walking sticks were mentioned already

n the 19th century travel guides where it is said

that "a walking stick, which can be purchased

from a certain boy, will be very useful when

Sigulda. GPS: 57.1617, 24.8494

walking around Sigulda." Although there is no

practical need for it anymore, the Sigulda walk-

he More battles memorial stone, unveiled in

restored trench fragments and the bunker, the

1992 and created by sculptor H. Spričs, the

memorial wall with the names of the legion-

econd World War battles of 1944.

GPS: 57.0796, 25.0617

Ph. 29446115, www.moresmuzejs.lv

naires killed in the battles and the More battles

museum opened in 2002 remind of the ruthless

"Kalna Kanēni". More Parish, Sigulda County

Construction year — 1852. Four floors of the

grains into flour. When booking a group visit in

advance, it is possible to enjoy the dinner of a

miller. Bread Day is organised each year at the

mill provide views of machinery that mills

Āraiši, Amata County. Ph. 29238208

www.amata.lv. GPS: 57.2527, 25.2682

Springu iela 2, Līgatne. Ph. 64153169, 29189707 www.visitligatne.lv. GPS: 57.2371, 25.0419 The only serpentine road in the Baltics is a popular place for romantic walks. It was built in 1862 along with the first wooden bridge across the Gauja in honour of the Russian tsar

Alexander II's visit in Sigulo

Sigulda. GPS: 57.1699, 24.8305

Built in the 80s, the bunker, which is located 9 m under the rehabilitation centre "Līgatne" and takes up more than 2000 m², is a unique place where the nuclear war shelter and authentic exhibits of the age have been preserved. You can embrace the atmosphere of that age by enjoying a 80s style meal and participating in a reality game as a detective. Individual excursions on holidays at 12:00, 14:00

'Skalupes", Līgatne Parish, Līgatne County Ph. 64161915, www.bunkurs.lv GPS: 57.2560, 25.0709

> ing the victory over darkness, and is also called 'Laika vecis" (The time man) or "Gaismas

nesējs" (The light bringer). The lantern attract

the largest amount of attention and has becom

rubbing it, one can see his or her future and the

The remains of the Order castle ruins and the

city fortifications, which were ruined during

the Valmiera city centre from the 13th centur

is a recognized national archaeological site.

is housed in eight buildings within the castle

uin territory. The museum offers a journey

n the history of Valmiera, as well as separate

exhibitions in the exhibition halls, and wedding

Wise people say that in the olden times there

were people who had wanted to build Cēsis on

the Vaidava castle hill, but the devil who lived

there had threatened to demolish the city if the

did not pay him to leave. The builders had not

given money to the devil so overnight he demol

Ph. 64223620, www.muzejs.valmiera.lv

Bruninieku iela 3, Valmiera

GPS: 57.5395, 25.4289

the Great Northern War, preserve memories

until nowadays. The Valmiera museum, which

the official symbol of Cesis. It is said that by

Torņa iela, Cēsis. GPS: 57.3124, 25.2717

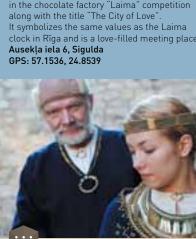
and 16:00. Please arrange group visits prior







Ausekla jela 6. Sigulda, Ph. 29218240 GPS: 57.1536, 24.8560 The Laima clock was created especially for Sigulda and the city received it as a prize



TTT .

A reality game for active people. The participants will play secret agents who have a special mission to save the homeland from a tastrophe. Skaļupes", Līgatne Parish, Līgatne County. Ph. 26161915, www.bunkurs.lv GPS: 57.2560. 25.0709

The excursion gives you an opportunity to find out how the famous Cesis beer brewery developed and operates on a daily basis as well as what the process of beer brewing is like. Afterwards you will be invited to participate i peer tasting Aldaru laukums 1, Cēsis. Ph. 64122423 www.cesualus.lv. GPS: 57.3182, 25.3059

Taking 3 to 6 different routes all beginning in the city centre and finishing at the History and Art Museum you will get to know the most im portant historical objects in Cēsis. The tasks are available in Latvian and Russian. You will get points for every correct answer and in the end all participants will receive a diploma. Phone: 26400296, www.saliedet.lv. An opportunity to repeat the historical

o visit the café.

GPS: 57.2943, 25.2220 One of the oldest skiing centres in Latvia has two tracks: the main track and the beginners' track, as well as a snowboard park, a specially created and marked children's track, a tube sliding track and a lit cross-country skiing track. The complex also of-

GPS: 57.1796, 24.8175

nis park has two 200 m long descents. One

of them is guick and athletic, the other – fit for

families. There is also one big and several smaller

ramps, as well as an opportunity to rent equipment and relax in a pub. Both tracks are equipped with "Vītinkalni", Inčukalns County Ph. 29100280, www.ramkalni.lv

Rubene, Kocēni County, Ph. 64230432, 22307210. GPS: 57.4681, 25.2660

n historical writing the church is mentioned already in the first half of the 17th century but the current building was built around 1848. In the hurch, whose pastor for the second half of the ^h century was writer and teacher J. Neikens

you can see some of the most unique artworks

Vidzeme – the pulpit (1699) and the altar (1698) have both been decorated with mannerism style wood carvings. [.] Ph. 29124453 GPS: 57.5966, 25.0743

In the 17th century, there was a small log churd building without a tower in Vangaži. A brick hurch was built in 1789 next to the Riga Saint Petersburg road, while during the World War I, it was destroyed. Following a design by P. Kundzinš, the church was reconstructed n 1935 and destroyed again after the war. 1992, along with the Latvian National Awake g, the church of Vangaži was also reborn, ar e church building was reconstructed. Vangaži, Inčukalns County GPS: 57.1186, 24.5774

The park will give you an insight into the everyday life of the ancient inhabitants of Latgale Here vou will see their 9th-10th century fortifie dwelling place and its reconstruction – the Lake castle, 14th-17th century medieval castle ruins national archaeological site), as well as Meitu sala (Daughter Island) with reconstructed Stone

ished everything they had built during the day. The bronze night guard created by M. Jansons Vaidava Parish, Kocēni County is passing through the centuries with a cane in www.kocenunovads.lv. GPS: 57.4580, 25.2690





Those who like spending their time doing interesting things will enjoy a walk through the Vienkoči Ppark in snow shoes. "Vienkoči", Līgatne Parish, Līgatne County Ph. 29329065, www.vienkoci.lv GPS: 57.1933, 25.0455





"Baili", Kauguri Parish, Beverīna County Ph. 29284119, www.baili.lv GPS: 57.5356, 25.4685













fers equipment rent and instructors and has a café. "Kalnzaki", Krimulda County Ph. 29272255, www.reinatrase.lv

GPS: 57.1430, 24.8443

Kaķīškalns invites you to enjoy a 320 m long descent on skis, use the platter lift, test your skills in the main track or on the beginners children's slope as well as rent equipment, receive lessons from an instructor or rest in

Senču iela 1, Sigulda. Ph. 67976886 www.kakiskalns.lv GPS: 57.1431, 24.8291 1.25 km long and illuminated cross-country ski track in Sigulda is the only one of a kind cooled ski track in Eastern Europe. The

refrigerating system, which is built under the surface of the track, allows for maintaining snow cover and to start the ski season earlie as well as keeps its non-stop functioning in changing weather conditions. Service building provides inventory rental, ski service, and ir structor's services. For the convenience and comfort of skiers, a dressing room, shower, nd sauna are also prov Puku iela 4, Sigulda. Ph. 67970262

GPS: 57,1403, 24,8177





GET TO KNOW THE TRADITIONAL CRAFTS

86 I Amber workshop In the amber workshop a third-generation expert Vēju jela 1. Sigulda, Ph. 26185257

let you try it yourself.

GPS: 57.1497, 24.8505

GPS: 57.1933, 25.0455

GPS: 57.2428, 25.2790

where you can learn the old crafts, visit the

This is the place where "green ideas" are born and where you can see objects made from natural materials: dugout boats, sculptures, a sandbag "Vienkoči", Līgatne Parish, Līgatne County Ph. 29329065, www.vienkoci.lv

library of crafts and on weekends visit fairs and Drabeši manor. Amata County Ph. 29199870, www.amata.lv At the forge you can watch the jewellery-maker i action and see the instruments and antique jew-

ellery from Latgale. Furthermore, the craftsman will share his knowledge on the meaning of the jewellery and symbols, as well as on the jewellery Pils laukums 9, Cēsis. Ph. 29158436 The factory invites you to learn how timber of

more than 17 Latvian tree species is turned into spoons and other objects. You can also try mak-Ph. 26521467, www.spoonfactory.lv

91 I National Fishing Trade Museum In this museum the exhibits still smell of seaweeds will introduce you to amber processing and will and the fishnets are still wet. Here you will learn how our ancestors fished and how it is done today. You can also test your own fishing skills. Gaujas iela 38, Līgatne. Ph. 29232837 GPS: 57.2548, 25.0447

"Ezeriņi" invites you to see smartstone and meta

items, visit a shop, and buy original gifts for yourself

and your loved ones. After a previous arrangement, it is possible to watch demonstrations of a master nd experience a gunshot of a real canno Stalbe Parish, Pārgauja County. Ph. 26371928 www.ezerini.lv. GPS: 57.3757, 25.0391 The Amata House of Crafts is a local crafts centre Here you can listen to stories about hees, watch

> them in hives in the bee garden, discover the secrets of their life and honey harvesting through movies as well as taste honey made from various flowers and participate in wax candle making. Picnic spots and camparounds are also available. "Zvirgzdi", Vaidava Parish, Kocēni County Ph. 28341533. GPS: 57.4632, 25.2452 Here you can listen to stories about bees, watch

them in hives in the bee garden, discover the secrets of their life and honey harvesting through movies as well as taste honey made from various flowers and participate in wax candle making. Picnic spots and campgrounds are also available. "Zvirozdi", Vaidava Parish, Kocēni County Ph. 28341533. GPS: 57.4632, 25.2452

25 I Concert hall "Baltais Flīd This building with the interesting appearance which resembles a grand piano is one of the most popular concert halls in Latvia where world class Šveices iela 19, Sigulda. Ph. 67974787 GPS: 57.1531, 24.8448

artist's original work – colourful, spatial, hard- contemporary art every month; however, on ened sand paintings made from Sigulda's sand weekends you can come here to watch concerts or movies. Pils laukums 3, Cēsis. Ph. 64123557 www.cesiscastle.lv. GPS: 57.3136, 25.2722 100 I Valmiera Drama theatre The only professional theatre in Vidzeme invites you on an excursion behind the scene Lāčplēša iela 4, Valmiera. Ph. 64207335 www.vdt.lv. GPS: 57.5394, 25.4254

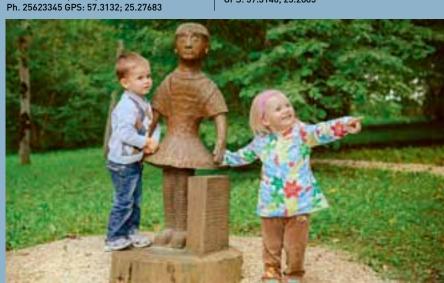
> 1 | Art Gallery "Lai Art Gallery Laipa offers exhibitions of visual art an opportunity to buy pieces of art, rent exhibitions, visit fashion shows, lectures, musical evenings, and lessons of "Mālēšanas skola" or Rīgas iela 25c, Valmiera. Ph. 26169449

www.galerijalaipa.lv. GPS: 57.5378, 25.4153 The salon offers both crafts and jewellery as well Rīgas iela 31, Valmiera. Ph. 64225746

GPS: 57.5378, 25.4141

The largest professional concert hall in Vidzeme. The concert hall is a place where concerts, exhibitions, legitimate theatre performances, and cinema of well-known professional European artists take place. The concert hall is the highest building in the town from the top of which a panorama of the old town of Cēsis can be enioved. Raunas iela 12. Cēsis, www.cesukoncertzale.lv

Interactive expositions and educating games, which will help you gain an understanding about the human body, nature sciences and technologies, await the visitor of the science centre Poruka iela 8. Cēsis. Ph. 25400228 GPS: 57.3146, 25.2885



orth Vidzeme Waste Managem The excursion will educate you on modern waste printed using the silk screening technique. It is management and introduce you to EKO areas, the possible to see and buy original design gifts and Daibe landfill and the paper package recycling souvenirs including both original design items company. You are also invited to participate in

www.zaao.lv. GPS: 57.4530, 25.1130 Vaidava Ceramics offers an excursion which will introduce you to the everyday work routine in the factory which produces crockery for everyday use and special occasions. Ceramic products are

Landfill at Daibe, Pārgauja County. Ph. 64281250

also available for purchase. zera iela 2, Vaidava. Kocēni County. Ph. 64284101. www.rebeka.lv GPS: 57.4309, 25.2878

13D CINEMA "LORA" Cinema "LORA" will ensure you have a pleasant moviegoing experience – there are big and comfortable leather chairs, the number of viewers is limited, and there is an opportunity to order tasty Strēlnieku iela 2, Sigulda. Ph. 67973972 www.kinolora.lv. GPS: 57.1430, 24.8443

108 I Viks' fairytale park The park invites you to take a walk on its fairytal trails and meet characters from the writer Viks' fairytales rendered in wood. The park is the home to Ness and Nesija. Rūnu Dūkītis and other char acters. You can also arrange an excursion with the writer himself as well as use the picnic spot Dikli, Kocēni County, Ph. 64231933, 26447061 GPS: 57.5971. 25.0991

It is a gallery where various artworks of Latvians and art lovers from all around the world meet. vation of art values created by Latvian artists that enjoying peace and harmony, feeling a breath eneration living abroad. Lielā Skolas iela 6, Cēsis. Ph. 26175509 http://www.latviandiasporaart.org GPS: 57.3125, 25.2721

The art gallery offers professional art exhibitions and a Latvian design goods' shop is open there. A café-reading room is a place for reading a book, meet, talk, and spend a good and relaxing time enjoying a cup of coffee. Music and art events are proanised here on a regular basis Lielā Skolas iela 4. Cēsis, phone 28236453 GPS: 57.3126, 25.2731

In the workshop, everyone can make a gift or a souvenir by printing over everything that can be

worksi

created by "pine" and artworks and craftsmen's works made by other men of the Vidzeme region Lenču iela 7, Cēsis, phone 27005544 GPS: 57.3139, 25.2732

A human-made real mini world (1:87 scale) is being created here. Everything here is just like in real life — cities and countrysides, cars and trains, night succeeds the day, trees, flowers, and grass are growing, livestock are grazing, and people do their daily work. There are also traffic jams, traffic lights, and trains departing after a schedule in the Wonderland. Raunas iela 2. Cēsis, phone 2830837

www.mazabrinumzeme.lv GPS: 57.3138. 25.2801



The aim of the gallery is the promotion of preserwere exiled during the World War II and the new of Japan when watching Bonsai trees, Koi carp fish, a spring, and slowly sipping Japanese tea in the tea-house of the park, as well as buying souvenirs and design items from Japan. 2011 is considered to be the year of establishing the park, while its collection has been formed alread since 2006. The park welcomes organised groups and enterprises for corporate integration events. Bonsai Park is open to visitors on Wednesdays from 09.00 to 12.00, but for other days only by a Sprīdīši". Krustini. Inčukalns Countv www.bonsai.lv, phone 29299220 GPS: 57.1221, 24.6555

FOR GROUPS AND COMPANIES

Satesele military expedition complete with equipment distribution and arming as wel as a march in the ancient Gauja River valley.

You can also test your skills in archery. arbalest shooting, knife and hatchet throw ing, javelin-throwing and participate in practical sword-fighting lessons and watch demonstrations. In addition to all that, the participants can enjoy a feast in the castle tower with authentic meals prepared after recipes from 14th century cook books. Pils iela 18, Sigulda

Ph. 67971335, www.tourism.sigulda.lv GPS: 57.1664, 24.8496

The Cēsis castle organizes various theatri cal events where the main characters are the inhabitants of the medieval Cesis castle These events include medieval games, a feast, and dancing and music. Pils laukums 9, Cēsis Ph. 26339342 www.cesiscastle.lv GPS: 57.3132, 25.2714

A training program for teams in which the participants are isolated from their usual environment, communication devices, office premises and everyday duties. In an unaccustomed environment – in meadows, forests, marshes – where many unpredictable things can happen, people usually act more naturally and therefore can discover their strong and weak suites. Ph. 64207263, www.ezi.lv

CATCH THE BIG FISH

The Gauja River has a sandy bottom, swift curves A license can be purchased in the shop and sliding banks. There are sandbanks in the river and many old river branches in the floodplain. In the Gauja you can catch perch, ides, grayling, pike, bream, roach, dace, asp, vimba burbot and other fish. In order to protect the salmonid fish, from 1 October to 31 December a fishing prohibition has been imposed in the Gauja and its basin rivers: Amata, Kumada, Brasla, Lencupe, Loja, Līgatne, and Rauna.

The Brasla River is a 70 km long right-bank tributary of the Gauja with steep banks and beautiful sandstone outcrops. There are many rapids and overfalls in the river and grayling, pike, perch, bream and roach live in it. 1000 m downwards from the Brasla hydroelectric dam fishing is prohibited all year round.

The 4 km long and up to 9 m deep lake is home the night in the campgrounds or bathe in the to pike, perch, roach, bream, crucian carp, tench, and pike-perch. Fishing allowed with a

"Jancis", Skolas iela 2, Vaidava, Kocēni County Ph. 64284060. GPS: 57.4295, 25.2861

The biggest lake in the Gauja NP (3.94 km2) has steep banks, a sandy bottom and lots of pebbles and stones along its shores. Perch, crucian carp, pike, tench, bream, ruffes, rudds, and carp live in this lake.

Ponds rich in fish and a clean, scenic environment will ensure a pleasant leisure for all "Ūdensrozes", Stalbe, Pārgauja Count

Ph. 26521077. GPS: 57.3714, 25.0341 At "Kociņi" you can fish in the ponds, stay

hath-house Bērzaine Parish, Kocēni Count Ph. 29486465. GPS: 57.6416, 25.2019

