



CĒSIS – VALMIERA



Trails at Sietiņezis Cliff



Sietiņezis Cliff



Crossing River Gauja



Ērgļu (Ērgļu) Cliffs

Photo: Baltic Pictures and Juris Smajņinskis

Description. The route runs alongside the primeval valley of the River Gauja linking two historic centres — Cēsis and Valmiera. The section between Rāmnieki and Valmiera leads predominantly along remote forest roads and paths offering excellent places to watch wildlife in Gauja National Park, but hiking there is quite strenuous.

Best time to go. End of April–October.

Route: Cēsis: Cēsis Railway Station – Raunas Street – Lenču Street – Ērgļu (Ērgļu) Cliffs (Pieškalni) – Rāmnieki – Sietiņezis Cliff – Valmiera: Jumaras Street – Leona Paegles Street – Plostnieku Street – Cēsu Street – Stacijas Street.

Road pavement. Asphalt (smallest part of the route), gravel roads, forest roads and paths.

Way marking. Wooden markings with the symbol of a bicycle, orange blazes on trees.

Distance. ~ 45 km.

Duration. For hikers — two-day route (Day 1 Cēsis–Sietiņezis Cliff ~25 km; Day 2 Sietiņezis Cliff–Valmiera ~20 km), for cyclists — one-day route.

Difficulty level. Moderate. Some sections (banks of the primeval valley, ravines of its tributaries) might be more strenuous to less fit cyclists.

Starting point 57.31287, 25.28204, Cēsis Railway and Bus Station.

Destination 57.52218, 26.44084 Valmiera Railway Station or Bus Station (address: Stacijas Street 1).

Public transportation. The starting point and destination is conveniently linked with the railway line Riga–Valga with trains running 2–4 times per day (see updated timetable).

Worth knowing! Depending on the weather conditions and other factors,

the roads may be of poor quality, there can be sand, mud. Cyclists might be hindered by tree roots, which are slippery in wet weather. Following longer rainy periods the forest roads are with puddles. Local map and a navigation device are recommended. Accommodation in Gauja National Park (outside of accommodation sites) is allowed only in special designated places. Respect the placed information signs! Walking outdoors is at one's own risk. Emergency services: 112.

Recommendation. The route can be continued as a multi-day trip in Gauja National Park by linking the routes "Rāmkalni – Sigulda. Left bank of River Gauja", "Sigulda – Līgatne" and "From Līgatne to Cēsis".

Enter Gauja mobile application



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SERVICE

Cēsis Tourism Information Centre
Cēsis, Baznīcas Square 1, +371 28318318,
info@cesis.lv, www.tourism.cesis.lv

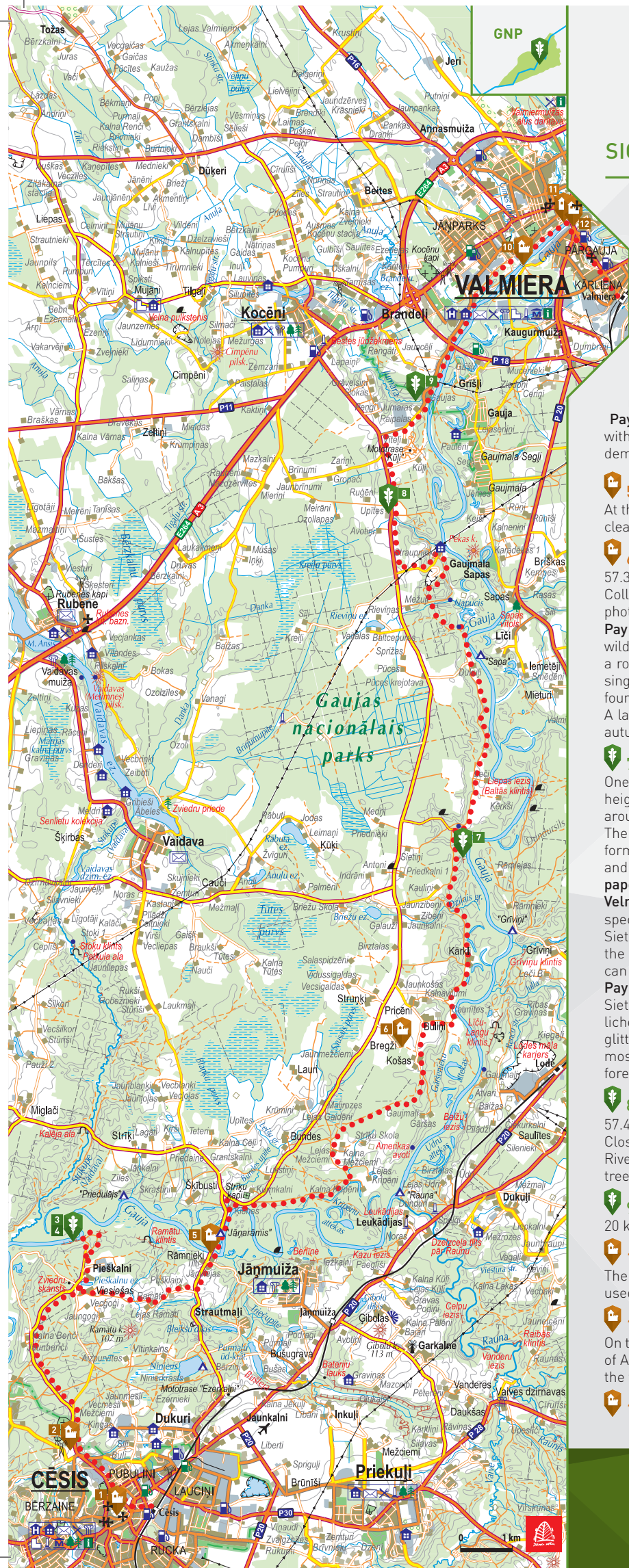
Valmiera Tourism Information Centre
Valmiera, Rīgas Street 10, +371 26332213,
tic@valmiera.lv, www.visit.valmiera.lv

Valmiermuiža Tourism Information Point
Dzirnavu Street 2, Valmiermuiža, Valmiera rural territory,
Burtņieki Municipality, +371 29135438, info@valmiermuiza.lv,
www.valmiermuiza.lv

Brewery "Valmiermuižas alus" and Beer Kitchen
Dzirnavu Street 2, Valmiermuiža, Valmiera rural territory, Burtņieki
Municipality, +371 20264269 (tours in the brewery),
ciemosi@valmiermuiza.lv, www.valmiermuiza.lv

Hotel "Villa Santa"
Cēsis, 88 Gaujas street, +371 64177177,
reservations@villasanta.lv, www.villasanta.lv

Hotel Wolmar
Valmiera, Tērbatas street 16a,
+371 64207301, info@wolmar.lv, www.wolmar.lv



SIGHTSEEING OBJECTS

1 | Cēsis Old Town

2 | Mound Dziesmu

3 | Primeval Valley of the River Gauja

4 | Ērgļu (Ērģeļu) Cliffs 57.36058, 25.26032

The most monolith sandstone cliff wall in the Baltics: ~700 m long (around 330 m is on the River Gauja), maximum height reaches 22 m. From the viewpoint of the cliffs, there is a spectacular view towards the north and west of the primeval valley of the River Gauja.
Pay attention! Watch the structure of the sandstone outcrop with layers in several colours mixing up with each other and demonstrating geological processes dating back 350 million years.

5 | Rāmnieku Bridge 57.35700, 25.30206

At the end of October and beginning of November, and if the water is clear, the spawning of salmon-like fish can be observed.

6 | Chair-makers' Museum "Lejasbregži"

57.39284, 25.36362

Collection of watted chairs, tools for making chairs out of wattle, photos and other items related with the craft.

Pay attention! Along the road, you might see traces of beavers and wild boar at some places. Some quieter hiker might be lucky and spot a roe deer. There is a high probability you might hear woodpeckers singing or pecking. Sulphur shelves and red banded polypores are found on fallen trees and stumps accounting for the biodiversity. A large number of mushrooms are found here at late summer and autumn.

7 | Sietīniezis Cliff 57.42784, 25.38641

One of the largest white sandstone outcrops in Latvia. Maximum height of its cliff reaches 15 m, while the total length of the cliffs — around half a kilometre. A circular **nature trail** is established here. The cliffs are interesting in terms of diversity of the sandstone forms. Here one can see small caves and hollows, erosion ravines, and formations similar to poles. One of these is called **Velna papēdis** (Devil's Heel), while the small, but 10.5 m long cave — **Velnala** (Devil's Cave). Do not step on the outcrop (to protect it, a special infrastructure has been created)! From southern side of Sietīniezis Cliff, there is a beautiful **view** over the primeval valley of the River Gauja with nearby scenic **pine forests**. **Bonfires for picnic** can be lit in the special place near the riverside.

Pay attention! The polypodies, and common fragile fern grow on Sietīniezis Cliff. The patina seen at some places is actually the velvet lichen. The ground cover of the forest reveals common moss like glittering wood-moss, red-stemmed feathermoss, goose-necked moss, and ostrich plume feathermoss. Heather is blooming in the forests during autumn.

8 | Nature Education Centre "Vecupītes"

57.48584, 25.36407

Close to it, there is a 2.8 km long nature trail introducing to the River Gauja and types of forests on its riverside, many of Latvian tree species, birds, insects, and traces of animals.

9 | River Jumara (Imara) 57.50471, 25.37786

20 km long right tributary of the River Gauja with a typical valley.

10 | Narrow Gauge Railway Bridge 57.52830, 25.40860

The former narrow gauge railway bridge erected in 1911 is now used by pedestrians and cyclists.

11 | Ice Basements

On the right slope of the River Gauja, opposite of Vidzeme University of Applied Sciences, there are two structures made of red bricks — the former ice basements used to keep fish.

12 | Valmiera Bridge 57.53605, 25.42419