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Vibrant Nature and Outdoor Adventures Open the New Season, Summer Solstice celebration



Gauja National Park Tourism Association Latvia

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Summer is just around the corner in Gauja National Park, filling its valleys and forests with **vibrant greenery, blooming landscapes** and fresh energy. Peaceful forest trails, flowering riverbanks and



At the same time, **outdoor adventure parks** across the region have **opened their new season** — offering [zipline rides](#), [obstacle parks](#), [boating](#), [cycling routes](#) and [family-friendly activities](#) surrounded by the beauty of the Gauja River valley.



Summer Solstice celebration 20-24 June

As the days grow longest and the sun lingers over Gauja's ancient valleys, forests and meadows awaken with a special midsummer magic.

Summer Solstice in the Gauja National Park region is a time when old traditions, songs and firelight meet the mystery of nature — inviting everyone to celebrate the shortest night of the year through unforgettable events, rituals and experiences where legends seem to come alive.



[Summer Solstice events 2026 HERE](#)

Glide through the landscapes of Gauja National Park and discover nature from a different perspective. Kayaking on the Gauja, Brasla and Amata rivers, as well as peaceful lakes, offers experiences for every pace — from gentle family-friendly routes to more adventurous journeys through scenic valleys and sandstone cliffs. Along the way, enjoy quiet riverbanks, forest views and hidden corners of nature that can only be reached from the water.



[Kayaking guide HERE](#)

Design glampings and campsite for summer adventures



Gauja National Park campsites invite travellers to slow down and **reconnect with nature**. Wake up beside **peaceful lakes, forest landscapes** and the **winding Gauja River**, where mornings begin with **birdsong** and **mist** rising above the valleys. Whether choosing a tent beneath the stars, a cosy cabin or a riverside camping spot, campsites offer the perfect base for hiking, boating, cycling and discovering the region's natural beauty. From tranquil lakeside retreats to adventure-filled stays close to outdoor activities, camping in Gauja is about experiencing nature at your own rhythm.

[Read more about campsites HERE](#)

Gauja National park

Gauja National Park is Latvia's largest and oldest national park, where ancient river valleys, sandstone cliffs, forests and picturesque towns create a landscape full of discoveries. It is a place where nature, adventure, gastronomy and cultural experiences come together at a slower and more meaningful pace. Whether exploring scenic trails, enjoying local flavours or finding peaceful moments in nature, every season reveals a different side of Gauja.

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